

Alcatraz Island, CA - Nov 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:37	4.4	12:44	5.6	6:50	3.3	7:50	0.0	6:35	5:11	
2	Sat	3:34	4.3	1:23	5.4	7:31	3.6	8:37	0.1	6:36	5:10	
3	Sun	4:40	4.3	2:11	5.2	8:27	3.7	9:32	0.2	6:37	5:08	
4	Mon	5:46	4.3	3:11	5.0	9:51	3.8	10:35	0.2	6:38	5:07	
5	Tue	6:39	4.5	4:24	4.8	11:25	3.5	11:38	0.3	6:39	5:06	
6	Wed	7:20	4.7	5:43	4.7			12:35	3.1	6:40	5:05	
7	Thu	7:53	5.0	6:59	4.8	12:35	0.3	1:30	2.4	6:41	5:05	
8	Fri	8:24	5.4	8:10	4.9	1:25	0.4	2:17	1.6	6:42	5:04	
9	Sat	8:55	5.8	9:16	5.0	2:10	0.6	3:03	0.7	6:43	5:03	
10	Sun	9:27	6.2	10:18	5.1	2:53	1.0	3:48	-0.1	6:44	5:02	
11	Mon	10:01	6.6	11:19	5.1	3:36	1.4	4:34	-0.8	6:46	5:01	
12	Tue	10:37	6.9			4:19	1.9	5:21	-1.3	6:47	5:00	
13	Wed	12:20	5.1	11:17 AM	7.0	5:04	2.4	6:09	-1.5	6:48	4:59	
14	Thu	1:20	5.1	12:00	6.9	5:52	2.8	7:00	-1.5	6:49	4:59	
15	Fri	2:21	5.0	12:48	6.7	6:45	3.1	7:54	-1.3	6:50	4:58	
16	Sat	3:25	4.9	1:42	6.3	7:47	3.3	8:52	-0.9	6:51	4:57	
17	Sun	4:30	4.9	2:42	5.7	9:05	3.4	9:54	-0.5	6:52	4:56	
18	Mon	5:33	5.0	3:51	5.2	10:34	3.3	10:58	-0.1	6:53	4:56	
19	Tue	6:30	5.1	5:09	4.7	11:58	2.9	11:59	0.3	6:54	4:55	
20	Wed	7:17	5.3	6:29	4.4			1:08	2.3	6:55	4:55	
21	Thu	7:57	5.5	7:45	4.3	12:53	0.7	2:04	1.7	6:56	4:54	
22	Fri	8:30	5.6	8:52	4.3	1:40	1.0	2:51	1.1	6:57	4:54	
23	Sat	8:58	5.8	9:51	4.3	2:21	1.4	3:31	0.7	6:58	4:53	
24	Sun	9:24	5.9	10:44	4.4	2:59	1.9	4:07	0.3	6:59	4:53	
25	Mon	9:48	6.0	11:33	4.5	3:35	2.3	4:40	0.0	7:00	4:52	
26	Tue	10:14	6.0			4:09	2.7	5:11	-0.3	7:01	4:52	
27	Wed	12:18	4.5	10:41 AM	6.0	4:43	3.0	5:43	-0.4	7:02	4:52	
28	Thu	1:02	4.6	11:11 AM	6.0	5:18	3.2	6:15	-0.5	7:03	4:51	
29	Fri	1:46	4.6	11:44 AM	5.9	5:53	3.4	6:51	-0.5	7:04	4:51	
30	Sat	2:30	4.5	12:20	5.8	6:32	3.5	7:30	-0.5	7:05	4:51	