

Alcatraz Island, CA - Dec 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:16	4.5	1:01	5.6	7:16	3.6	8:13	-0.4	7:06	4:51	
2	Mon	4:04	4.5	1:47	5.4	8:12	3.6	9:01	-0.3	7:07	4:50	
3	Tue	4:52	4.6	2:43	5.0	9:24	3.5	9:52	-0.1	7:08	4:50	
4	Wed	5:37	4.8	3:52	4.7	10:46	3.2	10:46	0.2	7:09	4:50	
5	Thu	6:17	5.1	5:14	4.4			12:01	2.6	7:10	4:50	
6	Fri	6:54	5.4	6:42	4.2			1:03	1.8	7:11	4:50	
7	Sat	7:30	5.8	8:05	4.3	12:34	1.0	1:57	0.9	7:12	4:50	
8	Sun	8:07	6.3	9:20	4.5	1:25	1.5	2:47	0.0	7:12	4:50	
9	Mon	8:45	6.7	10:27	4.7	2:15	1.9	3:35	-0.7	7:13	4:50	
10	Tue	9:25	7.0	11:28	4.9	3:04	2.4	4:22	-1.3	7:14	4:50	
11	Wed	10:08	7.2			3:54	2.7	5:10	-1.7	7:15	4:50	
12	Thu	12:24	5.0	10:54 AM	7.2	4:46	3.0	5:59	-1.8	7:16	4:51	
13	Fri	1:18	5.1	11:42 AM	7.0	5:39	3.1	6:48	-1.7	7:16	4:51	
14	Sat	2:11	5.1	12:32	6.7	6:35	3.2	7:37	-1.4	7:17	4:51	
15	Sun	3:03	5.1	1:25	6.2	7:37	3.2	8:28	-0.9	7:18	4:51	
16	Mon	3:54	5.1	2:20	5.6	8:47	3.1	9:19	-0.4	7:18	4:52	
17	Tue	4:45	5.1	3:23	4.9	10:05	2.9	10:11	0.1	7:19	4:52	
18	Wed	5:33	5.2	4:35	4.3	11:24	2.6	11:04	0.7	7:20	4:52	
19	Thu	6:18	5.3	5:59	3.9			12:35	2.1	7:20	4:53	
20	Fri	6:57	5.5	7:28	3.8			1:36	1.5	7:21	4:53	
21	Sat	7:32	5.6	8:48	3.9	12:47	1.8	2:26	0.9	7:21	4:54	
22	Sun	8:04	5.8	9:54	4.1	1:35	2.3	3:08	0.5	7:22	4:54	
23	Mon	8:36	5.9	10:48	4.3	2:22	2.7	3:46	0.1	7:22	4:55	
24	Tue	9:08	6.0	11:34	4.5	3:05	3.0	4:21	-0.2	7:23	4:55	
25	Wed	9:41	6.1			3:46	3.2	4:54	-0.4	7:23	4:56	
26	Thu	12:15	4.6	10:16 AM	6.2	4:25	3.3	5:27	-0.6	7:23	4:57	
27	Fri	12:53	4.7	10:52 AM	6.2	5:03	3.4	6:01	-0.7	7:24	4:57	
28	Sat	1:29	4.7	11:30 AM	6.1	5:40	3.4	6:35	-0.8	7:24	4:58	
29	Sun	2:05	4.7	12:08	6.0	6:20	3.4	7:12	-0.8	7:24	4:59	
30	Mon	2:41	4.7	12:50	5.8	7:04	3.3	7:50	-0.6	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	3:18	4.8	1:35	5.5	7:56	3.2	8:28	-0.4	7:25	5:00	