

Alcatraz Island, CA - Feb 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:11	5.8	5:07	3.8	10:48	1.1	10:04	2.1	7:13	5:33	
2	Sun	4:58	6.0	6:59	3.7			12:04	0.6	7:12	5:34	
3	Mon	5:52	6.2	8:38	4.0			1:16	0.0	7:11	5:35	
4	Tue	6:53	6.4	9:45	4.4	12:26	3.2	2:19	-0.5	7:10	5:36	
5	Wed	7:54	6.5	10:35	4.7	1:43	3.3	3:15	-0.9	7:09	5:37	
6	Thu	8:53	6.7	11:18	5.0	2:50	3.2	4:05	-1.1	7:08	5:38	
7	Fri	9:48	6.7	11:56	5.1	3:47	2.9	4:50	-1.2	7:07	5:39	
8	Sat	10:39	6.6			4:39	2.6	5:31	-1.1	7:06	5:40	
9	Sun	12:33	5.2	11:27 AM	6.4	5:28	2.3	6:10	-0.9	7:05	5:41	
10	Mon	1:07	5.3	12:13	6.0	6:15	2.1	6:46	-0.5	7:04	5:43	
11	Tue	1:39	5.3	12:59	5.5	7:02	1.9	7:20	0.0	7:03	5:44	
12	Wed	2:09	5.3	1:46	5.0	7:50	1.7	7:54	0.6	7:02	5:45	
13	Thu	2:39	5.4	2:38	4.4	8:41	1.6	8:28	1.3	7:01	5:46	
14	Fri	3:09	5.4	3:42	3.9	9:37	1.4	9:04	2.0	7:00	5:47	
15	Sat	3:42	5.3	5:10	3.5	10:40	1.3	9:48	2.6	6:59	5:48	
16	Sun	4:22	5.3	7:13	3.5	11:50	1.1	10:53	3.2	6:57	5:49	
17	Mon	5:11	5.3	8:48	3.8			12:58	0.9	6:56	5:50	
18	Tue	6:09	5.3	9:40	4.1	12:19	3.4	1:57	0.5	6:55	5:51	
19	Wed	7:09	5.4	10:16	4.4	1:33	3.5	2:47	0.2	6:54	5:52	
20	Thu	8:05	5.6	10:46	4.5	2:29	3.3	3:28	-0.1	6:53	5:53	
21	Fri	8:55	5.8	11:14	4.6	3:13	3.1	4:05	-0.4	6:51	5:54	
22	Sat	9:40	6.0	11:40	4.8	3:52	2.8	4:39	-0.6	6:50	5:55	
23	Sun	10:24	6.1			4:29	2.5	5:11	-0.7	6:49	5:56	
24	Mon	12:06	4.9	11:08 AM	6.1	5:07	2.1	5:43	-0.6	6:47	5:57	
25	Tue	12:33	5.1	11:53 AM	5.9	5:48	1.7	6:15	-0.3	6:46	5:58	
26	Wed	1:01	5.4	12:41	5.6	6:31	1.3	6:48	0.1	6:45	6:00	
27	Thu	1:31	5.6	1:33	5.1	7:19	0.9	7:23	0.7	6:43	6:01	
28	Fri	2:03	5.8	2:35	4.6	8:12	0.6	8:01	1.4	6:42	6:02	