

Alcatraz Island, CA - Apr 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:51	5.7	7:07	4.3	11:18	-0.4	11:23	3.3	5:54	6:32	
2	Wed	5:08	5.4	8:10	4.5			12:34	-0.4	5:53	6:33	
3	Thu	6:28	5.3	8:56	4.8	12:55	3.0	1:40	-0.4	5:51	6:34	
4	Fri	7:42	5.3	9:35	5.0	2:03	2.5	2:33	-0.3	5:50	6:35	
5	Sat	8:46	5.2	10:08	5.2	2:58	1.9	3:17	-0.2	5:48	6:36	
6	Sun	9:41	5.2	10:38	5.4	3:45	1.4	3:55	0.0	5:47	6:36	
7	Mon	10:32	5.1	11:05	5.5	4:27	0.9	4:29	0.4	5:45	6:37	
8	Tue	11:20	4.9	11:29	5.5	5:06	0.6	5:01	0.8	5:44	6:38	
9	Wed			12:07	4.7	5:42	0.3	5:32	1.3	5:42	6:39	
10	Thu			12:53	4.5	6:16	0.1	6:03	1.8	5:41	6:40	
11	Fri	12:15	5.6	1:41	4.3	6:51	-0.1	6:34	2.3	5:39	6:41	
12	Sat	12:40	5.5	2:33	4.1	7:27	-0.1	7:08	2.7	5:38	6:42	
13	Sun	1:08	5.4	3:33	4.0	8:07	0.0	7:45	3.1	5:36	6:43	
14	Mon	1:42	5.2	4:45	3.9	8:54	0.1	8:33	3.4	5:35	6:44	
15	Tue	2:25	5.0	6:09	3.9	9:50	0.2	9:50	3.5	5:34	6:45	
16	Wed	3:21	4.8	7:16	4.0	10:56	0.3	11:31	3.4	5:32	6:46	
17	Thu	4:30	4.6	7:58	4.2			12:03	0.2	5:31	6:47	
18	Fri	5:46	4.6	8:30	4.4	12:45	3.1	1:00	0.1	5:30	6:47	
19	Sat	6:58	4.6	8:57	4.7	1:40	2.7	1:48	0.1	5:28	6:48	
20	Sun	8:03	4.7	9:23	5.0	2:25	2.1	2:30	0.1	5:27	6:49	
21	Mon	9:03	4.9	9:51	5.3	3:06	1.4	3:09	0.2	5:25	6:50	
22	Tue	10:01	4.9	10:19	5.7	3:47	0.6	3:47	0.6	5:24	6:51	
23	Wed	10:58	5.0	10:50	6.1	4:30	-0.1	4:25	1.0	5:23	6:52	
24	Thu	11:56	4.9	11:23	6.3	5:14	-0.8	5:04	1.5	5:22	6:53	
25	Fri			12:55	4.8	6:00	-1.2	5:46	2.0	5:20	6:54	
26	Sat	12:01	6.5	1:57	4.7	6:49	-1.5	6:31	2.5	5:19	6:55	
27	Sun	12:43	6.5	4:03	4.5	8:42	-1.5	8:24	2.9	6:18	7:56	
28	Mon	2:31	6.3	5:15	4.5	9:40	-1.3	9:29	3.2	6:17	7:57	
29	Tue	3:28	5.9	6:28	4.5	10:45	-1.0	10:56	3.2	6:15	7:58	
30	Wed	4:35	5.4	7:34	4.6	11:54	-0.6			6:14	7:59	