

Alcatraz Island, CA - Sep 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:54	4.8	10:27	6.0	4:50	0.0	4:40	2.9	6:39	7:39	
2	Tue			12:20	4.9	5:23	-0.1	5:16	2.5	6:40	7:38	
3	Wed			12:45	5.1	5:54	-0.2	5:52	2.2	6:41	7:36	
4	Thu			1:11	5.3	6:23	-0.1	6:30	1.8	6:42	7:35	
5	Fri	12:36	5.9	1:37	5.5	6:54	0.2	7:11	1.4	6:43	7:33	
6	Sat	1:22	5.6	2:05	5.7	7:25	0.6	7:55	1.1	6:43	7:32	
7	Sun	2:13	5.2	2:35	5.9	7:59	1.1	8:44	0.8	6:44	7:30	
8	Mon	3:11	4.8	3:09	6.0	8:35	1.8	9:40	0.5	6:45	7:28	
9	Tue	4:22	4.4	3:51	6.1	9:17	2.4	10:44	0.4	6:46	7:27	
10	Wed	5:51	4.1	4:43	6.1	10:09	3.0	11:58	0.3	6:47	7:25	
11	Thu	7:33	4.2	5:47	6.1	11:25	3.4			6:48	7:24	
12	Fri	8:57	4.4	7:01	6.1	1:16	0.1	12:59	3.5	6:48	7:22	
13	Sat	9:54	4.7	8:14	6.2	2:27	-0.2	2:21	3.3	6:49	7:21	
14	Sun	10:38	5.0	9:20	6.2	3:26	-0.4	3:25	2.9	6:50	7:19	
15	Mon	11:16	5.2	10:18	6.3	4:16	-0.5	4:19	2.4	6:51	7:18	
16	Tue	11:51	5.4	11:11	6.2	4:59	-0.4	5:07	1.9	6:52	7:16	
17	Wed			12:23	5.6	5:38	-0.2	5:53	1.5	6:53	7:15	
18	Thu	12:02	6.0	12:53	5.7	6:14	0.2	6:37	1.1	6:54	7:13	
19	Fri	12:51	5.6	1:21	5.7	6:48	0.6	7:19	0.9	6:54	7:11	
20	Sat	1:40	5.3	1:49	5.8	7:22	1.2	8:01	0.7	6:55	7:10	
21	Sun	2:31	4.9	2:16	5.7	7:56	1.8	8:44	0.7	6:56	7:08	
22	Mon	3:27	4.5	2:44	5.6	8:31	2.4	9:30	0.7	6:57	7:07	
23	Tue	4:32	4.2	3:18	5.5	9:11	3.0	10:23	0.8	6:58	7:05	
24	Wed	5:55	4.1	4:00	5.3	10:04	3.4	11:27	0.9	6:59	7:04	
25	Thu	7:34	4.1	4:56	5.1	11:26	3.7			7:00	7:02	
26	Fri	8:50	4.3	6:06	5.0	12:39	0.9	1:01	3.7	7:00	7:01	
27	Sat	9:36	4.5	7:18	5.1	1:47	0.8	2:09	3.5	7:01	6:59	
28	Sun	10:08	4.6	8:21	5.2	2:43	0.6	3:00	3.1	7:02	6:57	
29	Mon	10:35	4.8	9:16	5.4	3:27	0.4	3:41	2.7	7:03	6:56	
30	Tue	10:59	5.0	10:06	5.5	4:04	0.2	4:18	2.2	7:04	6:54	