

Alcatraz Island, CA - Dec 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:21	7.0			4:09	2.8	5:22	-1.6	7:06	4:51	●
2	Tue	12:38	4.9	11:05 AM	7.1	4:57	3.0	6:11	-1.8	7:07	4:50	●
3	Wed	1:34	5.0	11:54 AM	7.0	5:48	3.2	7:02	-1.7	7:08	4:50	●
4	Thu	2:29	5.0	12:47	6.7	6:45	3.3	7:55	-1.4	7:09	4:50	●
5	Fri	3:25	5.0	1:44	6.3	7:51	3.3	8:51	-1.0	7:10	4:50	◐
6	Sat	4:20	5.0	2:47	5.7	9:10	3.1	9:48	-0.5	7:11	4:50	◐
7	Sun	5:14	5.2	3:59	5.0	10:37	2.8	10:45	0.0	7:11	4:50	◐
8	Mon	6:04	5.4	5:21	4.5	11:59	2.3	11:42	0.6	7:12	4:50	◐
9	Tue	6:49	5.6	6:49	4.1			1:09	1.6	7:13	4:50	◐
10	Wed	7:30	5.8	8:12	4.1	12:35	1.1	2:08	1.0	7:14	4:50	◐
11	Thu	8:06	6.0	9:25	4.2	1:25	1.7	2:57	0.4	7:15	4:50	◐
12	Fri	8:40	6.1	10:27	4.4	2:13	2.2	3:39	0.0	7:15	4:51	○
13	Sat	9:11	6.2	11:20	4.5	2:57	2.6	4:17	-0.3	7:16	4:51	○
14	Sun	9:42	6.2			3:40	3.0	4:52	-0.5	7:17	4:51	○
15	Mon	12:07	4.7	10:13 AM	6.2	4:21	3.3	5:25	-0.6	7:17	4:51	○
16	Tue	12:50	4.7	10:46 AM	6.1	5:00	3.4	5:58	-0.6	7:18	4:52	○
17	Wed	1:29	4.7	11:21 AM	6.0	5:39	3.5	6:32	-0.6	7:19	4:52	○
18	Thu	2:07	4.7	11:57 AM	5.9	6:17	3.5	7:07	-0.5	7:19	4:52	○
19	Fri	2:43	4.6	12:35	5.7	6:58	3.5	7:43	-0.4	7:20	4:53	○
20	Sat	3:20	4.6	1:16	5.4	7:44	3.4	8:21	-0.2	7:21	4:53	○
21	Sun	3:57	4.7	2:01	5.0	8:40	3.3	9:01	0.0	7:21	4:54	○
22	Mon	4:34	4.8	2:54	4.6	9:46	3.1	9:43	0.4	7:22	4:54	○
23	Tue	5:11	5.0	4:03	4.2	10:58	2.7	10:29	0.8	7:22	4:55	○
24	Wed	5:47	5.3	5:29	3.8			12:06	2.1	7:22	4:55	◐
25	Thu	6:24	5.6	7:06	3.8			1:05	1.3	7:23	4:56	◐
26	Fri	7:02	6.0	8:34	3.9	12:13	1.9	1:57	0.5	7:23	4:56	◐
27	Sat	7:43	6.4	9:48	4.3	1:08	2.4	2:47	-0.3	7:24	4:57	◐
28	Sun	8:26	6.8	10:49	4.6	2:03	2.8	3:35	-1.0	7:24	4:58	◐
29	Mon	9:13	7.1	11:43	4.8	2:58	3.0	4:23	-1.5	7:24	4:58	◐

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	10:02	7.2			3:52	3.1	5:12	-1.8	7:24	4:59	
31	Wed	12:32	5.0	10:54 AM	7.3	4:46	3.1	6:01	-1.9	7:25	5:00	