

Alcatraz Island, CA - Feb 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:03	5.5	1:26	5.7	7:28	1.8	7:48	-0.3	7:13	5:32	
2	Mon	2:39	5.7	2:23	5.0	8:27	1.6	8:27	0.5	7:12	5:33	
3	Tue	3:17	5.7	3:28	4.3	9:30	1.4	9:08	1.3	7:12	5:34	
4	Wed	3:56	5.7	4:50	3.8	10:39	1.2	9:55	2.1	7:11	5:36	
5	Thu	4:38	5.7	6:38	3.6	11:51	1.0	10:55	2.8	7:10	5:37	
6	Fri	5:25	5.6	8:22	3.9			1:01	0.7	7:09	5:38	
7	Sat	6:19	5.6	9:31	4.2	12:11	3.2	2:02	0.4	7:08	5:39	
8	Sun	7:14	5.6	10:18	4.4	1:26	3.4	2:53	0.1	7:07	5:40	
9	Mon	8:07	5.7	10:54	4.6	2:27	3.4	3:36	-0.1	7:06	5:41	
10	Tue	8:55	5.8	11:25	4.7	3:15	3.2	4:14	-0.3	7:05	5:42	
11	Wed	9:38	5.9	11:52	4.7	3:56	3.0	4:47	-0.4	7:04	5:43	
12	Thu	10:18	5.9			4:32	2.8	5:16	-0.4	7:02	5:44	
13	Fri	12:17	4.8	10:56 AM	5.9	5:06	2.6	5:44	-0.4	7:01	5:46	
14	Sat	12:41	4.9	11:34 AM	5.8	5:41	2.3	6:11	-0.3	7:00	5:47	
15	Sun	1:04	5.0	12:13	5.5	6:17	2.0	6:38	0.0	6:59	5:48	
16	Mon	1:29	5.2	12:55	5.2	6:56	1.8	7:06	0.4	6:58	5:49	
17	Tue	1:55	5.3	1:42	4.8	7:39	1.5	7:37	0.9	6:57	5:50	
18	Wed	2:23	5.5	2:38	4.3	8:29	1.2	8:10	1.5	6:55	5:51	
19	Thu	2:55	5.7	3:53	3.8	9:27	0.9	8:49	2.2	6:54	5:52	
20	Fri	3:35	5.8	5:38	3.6	10:36	0.6	9:40	2.8	6:53	5:53	
21	Sat	4:27	5.8	7:35	3.8	11:52	0.3	10:57	3.3	6:52	5:54	
22	Sun	5:31	5.9	8:54	4.1			1:07	-0.1	6:50	5:55	
23	Mon	6:43	6.1	9:44	4.5	12:32	3.5	2:13	-0.6	6:49	5:56	
24	Tue	7:52	6.3	10:24	4.8	1:51	3.3	3:08	-0.9	6:48	5:57	
25	Wed	8:55	6.5	11:01	5.0	2:55	2.8	3:56	-1.1	6:46	5:58	
26	Thu	9:52	6.5	11:35	5.2	3:50	2.4	4:40	-1.2	6:45	5:59	
27	Fri	10:46	6.4			4:41	1.8	5:20	-1.0	6:44	6:00	
28	Sat	12:09	5.5	11:37 AM	6.2	5:30	1.4	5:58	-0.6	6:42	6:01	