

Alcatraz Island, CA - Sep 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:53	3.9	5:58	6.0	12:15	0.6	11:24 AM	3.5	6:39	7:39	
2	Wed	9:19	4.2	7:09	6.1	1:30	0.2	12:56	3.6	6:40	7:38	
3	Thu	10:12	4.5	8:20	6.3	2:38	-0.2	2:18	3.4	6:41	7:36	
4	Fri	10:53	4.8	9:24	6.6	3:36	-0.5	3:23	3.0	6:42	7:35	
5	Sat	11:30	5.1	10:24	6.7	4:26	-0.8	4:19	2.5	6:42	7:33	
6	Sun			12:04	5.3	5:11	-0.8	5:11	1.9	6:43	7:32	
7	Mon			12:38	5.6	5:52	-0.6	6:01	1.4	6:44	7:30	
8	Tue	12:14	6.4	1:12	5.8	6:32	-0.3	6:52	1.0	6:45	7:29	
9	Wed	1:08	6.0	1:45	6.0	7:10	0.3	7:42	0.7	6:46	7:27	
10	Thu	2:04	5.5	2:19	6.1	7:48	1.0	8:33	0.5	6:47	7:26	
11	Fri	3:03	5.0	2:54	6.1	8:28	1.7	9:27	0.5	6:47	7:24	
12	Sat	4:09	4.6	3:31	5.9	9:11	2.4	10:26	0.5	6:48	7:23	
13	Sun	5:29	4.3	4:15	5.7	10:03	3.0	11:33	0.6	6:49	7:21	
14	Mon	7:06	4.2	5:08	5.5	11:15	3.5			6:50	7:20	
15	Tue	8:34	4.4	6:13	5.3	12:45	0.7	12:45	3.6	6:51	7:18	
16	Wed	9:34	4.6	7:22	5.3	1:55	0.6	2:01	3.5	6:52	7:16	
17	Thu	10:16	4.7	8:26	5.4	2:54	0.5	2:59	3.2	6:52	7:15	
18	Fri	10:49	4.8	9:20	5.5	3:41	0.4	3:44	2.9	6:53	7:13	
19	Sat	11:16	4.9	10:07	5.5	4:19	0.3	4:23	2.5	6:54	7:12	
20	Sun	11:40	5.0	10:50	5.6	4:51	0.3	4:59	2.1	6:55	7:10	
21	Mon			12:02	5.1	5:20	0.4	5:32	1.8	6:56	7:09	
22	Tue			12:24	5.3	5:47	0.6	6:06	1.4	6:57	7:07	
23	Wed	12:13	5.4	12:46	5.5	6:14	0.9	6:40	1.1	6:58	7:06	
24	Thu	12:57	5.2	1:10	5.7	6:41	1.2	7:16	0.7	6:58	7:04	
25	Fri	1:43	5.0	1:36	5.8	7:10	1.7	7:56	0.4	6:59	7:02	
26	Sat	2:35	4.7	2:05	5.9	7:42	2.2	8:41	0.3	7:00	7:01	
27	Sun	3:35	4.4	2:40	6.0	8:17	2.7	9:33	0.2	7:01	6:59	
28	Mon	4:50	4.2	3:24	5.9	9:00	3.2	10:36	0.1	7:02	6:58	
29	Tue	6:21	4.1	4:23	5.8	10:01	3.5	11:50	0.1	7:03	6:56	
30	Wed	7:50	4.3	5:37	5.7	11:34	3.7			7:04	6:55	