

Alcatraz Island, CA - Dec 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:22	6.3	9:38	4.4	1:43	1.5	3:08	0.1	7:06	4:51	
2	Wed	8:58	6.5	10:40	4.6	2:30	2.0	3:52	-0.4	7:07	4:50	
3	Thu	9:32	6.5	11:36	4.7	3:16	2.5	4:33	-0.8	7:08	4:50	
4	Fri	10:07	6.5			4:00	2.9	5:12	-0.9	7:09	4:50	
5	Sat	12:28	4.8	10:41 AM	6.4	4:45	3.2	5:50	-0.9	7:09	4:50	
6	Sun	1:15	4.8	11:17 AM	6.2	5:29	3.4	6:27	-0.8	7:10	4:50	
7	Mon	2:01	4.8	11:53 AM	6.0	6:13	3.5	7:06	-0.7	7:11	4:50	
8	Tue	2:44	4.7	12:32	5.8	6:58	3.5	7:45	-0.5	7:12	4:50	
9	Wed	3:27	4.6	1:13	5.5	7:48	3.5	8:26	-0.2	7:13	4:50	
10	Thu	4:09	4.6	1:58	5.1	8:46	3.4	9:08	0.1	7:14	4:50	
11	Fri	4:49	4.6	2:50	4.6	9:55	3.3	9:52	0.4	7:14	4:50	
12	Sat	5:26	4.8	3:53	4.2	11:08	3.0	10:37	0.8	7:15	4:51	
13	Sun	6:01	5.0	5:11	3.8			12:14	2.5	7:16	4:51	
14	Mon	6:34	5.2	6:39	3.7			1:10	1.9	7:17	4:51	
15	Tue	7:06	5.5	8:05	3.7	12:12	1.7	1:56	1.2	7:17	4:51	
16	Wed	7:40	5.9	9:19	4.0	1:00	2.2	2:38	0.5	7:18	4:52	
17	Thu	8:15	6.2	10:21	4.3	1:47	2.6	3:19	-0.2	7:19	4:52	
18	Fri	8:52	6.5	11:16	4.5	2:35	2.9	4:00	-0.8	7:19	4:52	
19	Sat	9:34	6.8			3:22	3.1	4:43	-1.2	7:20	4:53	
20	Sun	12:06	4.7	10:18 AM	6.9	4:10	3.3	5:28	-1.6	7:20	4:53	
21	Mon	12:53	4.8	11:06 AM	7.0	5:00	3.3	6:15	-1.7	7:21	4:54	
22	Tue	1:40	4.9	11:57 AM	6.9	5:52	3.2	7:03	-1.6	7:21	4:54	
23	Wed	2:25	5.0	12:50	6.6	6:50	3.1	7:51	-1.3	7:22	4:55	
24	Thu	3:11	5.1	1:47	6.1	7:55	2.9	8:40	-0.9	7:22	4:55	
25	Fri	3:57	5.2	2:50	5.4	9:09	2.6	9:30	-0.3	7:23	4:56	
26	Sat	4:43	5.5	4:04	4.7	10:31	2.2	10:21	0.4	7:23	4:56	
27	Sun	5:29	5.7	5:33	4.1	11:51	1.6	11:15	1.2	7:23	4:57	
28	Mon	6:14	6.0	7:10	3.9			1:03	1.0	7:24	4:58	
29	Tue	6:59	6.2	8:40	4.0	12:12	1.9	2:04	0.3	7:24	4:58	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Wed	7:42	6.3	9:52	4.3	1:11	2.5	2:57	-0.2	7:24	4:59	
31	Thu	8:25	6.4	10:50	4.6	2:08	2.9	3:42	-0.5	7:25	5:00	