

Alcatraz Island, CA - Feb 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:13	6.0			4:28	3.0	5:18	-0.5	7:14	5:32	
2	Tue	12:25	4.8	10:51 AM	6.0	5:05	2.8	5:48	-0.4	7:13	5:33	
3	Wed	12:51	4.8	11:28 AM	5.8	5:41	2.6	6:15	-0.3	7:12	5:34	
4	Thu	1:15	4.9	12:04	5.6	6:16	2.4	6:41	-0.1	7:11	5:35	
5	Fri	1:38	4.9	12:40	5.2	6:53	2.2	7:07	0.2	7:10	5:36	
6	Sat	2:01	5.1	1:20	4.8	7:32	2.0	7:34	0.7	7:09	5:38	
7	Sun	2:26	5.2	2:05	4.4	8:16	1.8	8:02	1.2	7:08	5:39	
8	Mon	2:53	5.3	3:02	3.9	9:07	1.6	8:33	1.8	7:07	5:40	
9	Tue	3:26	5.4	4:23	3.6	10:07	1.3	9:09	2.4	7:06	5:41	
10	Wed	4:05	5.6	6:19	3.4	11:16	1.0	10:00	3.0	7:05	5:42	
11	Thu	4:56	5.7	8:16	3.7			12:28	0.6	7:04	5:43	
12	Fri	5:57	5.8	9:23	4.1			1:35	0.0	7:03	5:44	
13	Sat	7:03	6.1	10:06	4.4	12:51	3.5	2:33	-0.5	7:02	5:45	
14	Sun	8:07	6.4	10:42	4.7	2:03	3.3	3:24	-1.0	7:00	5:46	
15	Mon	9:06	6.7	11:17	4.9	3:02	3.0	4:10	-1.3	6:59	5:47	
16	Tue	10:02	6.8	11:51	5.2	3:56	2.5	4:54	-1.4	6:58	5:49	
17	Wed	10:56	6.8			4:48	2.0	5:35	-1.3	6:57	5:50	
18	Thu	12:25	5.5	11:49 AM	6.5	5:40	1.5	6:14	-0.9	6:56	5:51	
19	Fri	12:59	5.7	12:43	6.0	6:33	1.1	6:53	-0.3	6:54	5:52	
20	Sat	1:34	5.9	1:41	5.4	7:27	0.7	7:32	0.5	6:53	5:53	
21	Sun	2:10	6.1	2:44	4.7	8:25	0.5	8:13	1.3	6:52	5:54	
22	Mon	2:49	6.1	3:59	4.2	9:28	0.5	8:59	2.1	6:51	5:55	
23	Tue	3:32	6.0	5:34	3.9	10:37	0.4	9:56	2.8	6:49	5:56	
24	Wed	4:23	5.8	7:21	3.9	11:53	0.4	11:17	3.2	6:48	5:57	
25	Thu	5:23	5.6	8:41	4.2			1:07	0.3	6:47	5:58	
26	Fri	6:31	5.5	9:34	4.5	12:46	3.4	2:11	0.1	6:45	5:59	
27	Sat	7:35	5.5	10:14	4.7	1:57	3.2	3:02	0.0	6:44	6:00	
28	Sun	8:31	5.5	10:47	4.7	2:51	3.0	3:43	-0.1	6:43	6:01	
29	Mon	9:18	5.6	11:14	4.8	3:36	2.7	4:18	-0.2	6:41	6:02	