US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:01	5.6	11:38	4.8	4:14	2.4	4:48	-0.1	6:40	6:03	
2	Wed	10:40	5.5			4:49	2.1	5:14	0.0	6:38	6:04	
3	Thu	12:00	4.9	11:18 AM	5.4	5:22	1.8	5:39	0.2	6:37	6:05	
4	Fri	12:20	5.1	11:56 AM	5.1	5:55	1.5	6:03	0.5	6:35	6:06	
5	Sat	12:41	5.2	12:36	4.9	6:29	1.2	6:28	0.9	6:34	6:07	
6	Sun	1:03	5.3	1:19	4.6	7:04	1.0	6:55	1.4	6:33	6:08	
7	Mon	1:28	5.5	2:08	4.2	7:44	0.8	7:23	1.9	6:31	6:09	
8	Tue	1:55	5.5	3:10	3.9	8:30	0.6	7:55	2.4	6:30	6:10	
9	Wed	2:29	5.6	4:34	3.6	9:26	0.5	8:34	2.9	6:28	6:11	
10	Thu	3:14	5.5	6:26	3.6	10:34	0.4	9:36	3.3	6:27	6:12	
11	Fri	4:14	5.5	7:59	3.9	11:51	0.1	11:17	3.5	6:25	6:13	
12	Sat	5:28	5.6	8:51	4.2			1:04	-0.2	6:24	6:14	
13	Sun	6:45	5.7	9:29	4.5	12:52	3.3	2:05	-0.6	6:22	6:15	
14	Mon	7:56	5.9	10:02	4.8	2:02	2.9	2:56	-0.8	6:21	6:16	
15	Tue	8:59	6.1	10:35	5.1	2:58	2.2	3:41	-0.9	6:19	6:17	
16	Wed	9:57	6.1	11:07	5.5	3:50	1.5	4:23	-0.7	6:18	6:18	
17	Thu	10:53	6.0	11:39	5.8	4:40	0.9	5:03	-0.4	6:16	6:19	
18	Fri	11:49	5.7			5:29	0.3	5:41	0.1	6:15	6:19	
19	Sat	12:12	6.1	12:45	5.3	6:18	-0.1	6:20	0.8	6:13	6:20	
20	Sun	12:46	6.2	1:44	4.9	7:08	-0.3	7:00	1.5	6:12	6:21	
21	Mon	1:21	6.2	2:48	4.5	7:59	-0.4	7:42	2.2	6:10	6:22	
22	Tue	1:59	6.0	4:02	4.2	8:54	-0.2	8:32	2.7	6:09	6:23	
23	Wed	2:43	5.7	5:31	4.0	9:57	0.0	9:40	3.2	6:07	6:24	
24	Thu	3:35	5.4	7:02	4.1	11:09	0.2	11:12	3.4	6:06	6:25	
25	Fri	4:40	5.1	8:08	4.3			12:23	0.3	6:04	6:26	
26	Sat	5:55	4.9	8:55	4.5	12:39	3.2	1:28	0.2	6:02	6:27	
27	Sun	7:06	4.8	9:30	4.6	1:44	2.9	2:19	0.2	6:01	6:28	
28	Mon	8:07	4.9	9:58	4.7	2:35	2.5	3:01	0.2	5:59	6:29	
29	Tue	8:59	4.9	10:21	4.8	3:17	2.1	3:35	0.3	5:58	6:30	
30	Wed	9:45	4.9	10:43	5.0	3:54	1.6	4:04	0.4	5:56	6:31	
31	Thu	10:28	4.9	11:03	5.1	4:28	1.2	4:31	0.7	5:55	6:31	