US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**12:36**	6.8	**3:01**	4.9	**7:41**	-1.6	**7:26**	3.0	5:51	8:35	
2	Sat	**1:27**	6.5	**3:41**	5.1	**8:26**	-1.4	**8:26**	2.7	5:51	8:35	
3	Sun	**2:22**	6.1	**4:22**	5.3	**9:11**	-1.0	**9:33**	2.4	5:52	8:35	
4	Mon	**3:21**	5.5	**5:03**	5.5	**9:56**	-0.5	**10:47**	2.0	5:53	8:35	
5	Tue	**4:29**	4.8	**5:46**	5.8	**10:42**	0.3			5:53	8:35	
6	Wed	**5:50**	4.2	**6:31**	6.1	**12:05**	1.5	**11:32 AM**	1.1	5:54	8:34	
7	Thu	**7:25**	3.8	**7:17**	6.3	**1:19**	0.9	**12:27**	1.8	5:54	8:34	
8	Fri	**9:03**	3.9	**8:04**	6.4	**2:26**	0.4	**1:27**	2.5	5:55	8:34	
9	Sat	**10:24**	4.1	**8:52**	6.5	**3:24**	-0.1	**2:29**	2.9	5:55	8:33	
10	Sun	**11:27**	4.4	**9:39**	6.5	**4:16**	-0.5	**3:29**	3.2	5:56	8:33	
11	Mon			**12:18**	4.7	**5:02**	-0.7	**4:25**	3.3	5:57	8:33	
12	Tue			**1:02**	4.8	**5:44**	-0.8	**5:15**	3.3	5:57	8:32	
13	Wed			**1:42**	4.8	**6:23**	-0.8	**6:01**	3.2	5:58	8:32	
14	Thu			**2:17**	4.8	**6:59**	-0.7	**6:44**	3.1	5:59	8:31	
15	Fri	**12:30**	6.1	**2:49**	4.8	**7:33**	-0.6	**7:26**	3.0	5:59	8:31	
16	Sat	**1:08**	5.8	**3:18**	4.8	**8:05**	-0.4	**8:08**	2.9	6:00	8:30	
17	Sun	**1:46**	5.5	**3:46**	4.9	**8:36**	-0.1	**8:54**	2.7	6:01	8:30	
18	Mon	**2:27**	5.1	**4:13**	5.0	**9:06**	0.3	**9:45**	2.5	6:02	8:29	
19	Tue	**3:11**	4.6	**4:42**	5.1	**9:37**	0.8	**10:41**	2.3	6:02	8:28	
20	Wed	**4:05**	4.1	**5:13**	5.3	**10:10**	1.4	**11:44**	2.0	6:03	8:28	
21	Thu	**5:16**	3.7	**5:49**	5.5	**10:47**	2.0			6:04	8:27	
22	Fri	**6:54**	3.4	**6:30**	5.7	**12:49**	1.6	**11:32 AM**	2.5	6:05	8:26	
23	Sat	**8:47**	3.5	**7:16**	5.9	**1:50**	1.1	**12:32**	3.0	6:06	8:26	
24	Sun	**10:13**	3.9	**8:07**	6.1	**2:46**	0.5	**1:41**	3.4	6:06	8:25	
25	Mon	**11:09**	4.2	**9:00**	6.4	**3:36**	0.0	**2:46**	3.5	6:07	8:24	
26	Tue	**11:52**	4.5	**9:53**	6.7	**4:24**	-0.6	**3:44**	3.4	6:08	8:23	
27	Wed			**12:31**	4.7	**5:10**	-1.0	**4:37**	3.2	6:09	8:22	
28	Thu			**1:07**	4.9	**5:54**	-1.3	**5:29**	2.9	6:10	8:22	
29	Fri			**1:43**	5.1	**6:37**	-1.4	**6:22**	2.6	6:10	8:21	
30	Sat	**12:29**	6.9	**2:19**	5.3	**7:19**	-1.3	**7:17**	2.2	6:11	8:20	
31	Sun	**1:23**	6.6	**2:55**	5.6	**8:00**	-0.9	**8:14**	1.9	6:12	8:19	