US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**4:35**	4.6	**4:05**	6.3	**9:36**	2.3	**11:05**	0.4	6:40	7:38	
2	Fri	**6:04**	4.3	**4:57**	6.1	**10:34**	2.9			6:40	7:37	
3	Sat	**7:42**	4.3	**5:58**	5.9	**12:20**	0.4	**11:53 AM**	3.4	6:41	7:35	
4	Sun	**9:04**	4.5	**7:07**	5.8	**1:35**	0.3	**1:21**	3.5	6:42	7:34	
5	Mon	**10:02**	4.7	**8:14**	5.7	**2:42**	0.2	**2:33**	3.3	6:43	7:32	
6	Tue	**10:45**	4.9	**9:13**	5.8	**3:36**	0.1	**3:30**	3.0	6:44	7:31	
7	Wed	**11:21**	5.0	**10:03**	5.8	**4:20**	0.1	**4:16**	2.7	6:45	7:29	
8	Thu	**11:51**	5.0	**10:47**	5.7	**4:57**	0.1	**4:56**	2.4	6:46	7:28	
9	Fri			**12:16**	5.1	**5:28**	0.2	**5:32**	2.1	6:46	7:26	
10	Sat			**12:39**	5.2	**5:56**	0.4	**6:07**	1.8	6:47	7:25	
11	Sun	**12:07**	5.5	**12:59**	5.3	**6:22**	0.7	**6:40**	1.5	6:48	7:23	
12	Mon	**12:46**	5.3	**1:20**	5.4	**6:47**	1.0	**7:13**	1.3	6:49	7:22	
13	Tue	**1:26**	5.0	**1:42**	5.5	**7:12**	1.4	**7:48**	1.1	6:50	7:20	
14	Wed	**2:09**	4.7	**2:05**	5.6	**7:38**	1.9	**8:26**	0.9	6:51	7:18	
15	Thu	**2:58**	4.4	**2:33**	5.6	**8:06**	2.3	**9:09**	0.8	6:51	7:17	
16	Fri	**3:57**	4.2	**3:07**	5.6	**8:38**	2.8	**10:01**	0.8	6:52	7:15	
17	Sat	**5:15**	3.9	**3:50**	5.6	**9:17**	3.2	**11:05**	0.7	6:53	7:14	
18	Sun	**6:56**	3.9	**4:48**	5.6	**10:17**	3.6			6:54	7:12	
19	Mon	**8:28**	4.1	**6:00**	5.6	**12:19**	0.5	**11:55 AM**	3.7	6:55	7:11	
20	Tue	**9:21**	4.4	**7:16**	5.7	**1:32**	0.2	**1:28**	3.5	6:56	7:09	
21	Wed	**9:59**	4.7	**8:27**	5.9	**2:34**	-0.1	**2:36**	3.1	6:57	7:07	
22	Thu	**10:32**	5.0	**9:30**	6.1	**3:26**	-0.3	**3:32**	2.5	6:57	7:06	
23	Fri	**11:04**	5.3	**10:30**	6.2	**4:11**	-0.4	**4:23**	1.8	6:58	7:04	
24	Sat	**11:35**	5.7	**11:28**	6.1	**4:53**	-0.3	**5:12**	1.0	6:59	7:03	
25	Sun			**12:08**	6.0	**5:33**	0.1	**6:01**	0.4	7:00	7:01	
26	Mon	**12:25**	5.9	**12:41**	6.3	**6:13**	0.6	**6:50**	-0.1	7:01	7:00	
27	Tue	**1:23**	5.6	**1:16**	6.5	**6:53**	1.2	**7:40**	-0.4	7:02	6:58	
28	Wed	**2:23**	5.3	**1:53**	6.5	**7:34**	1.9	**8:33**	-0.4	7:03	6:57	
29	Thu	**3:28**	4.9	**2:34**	6.4	**8:20**	2.5	**9:29**	-0.3	7:03	6:55	
30	Fri	**4:41**	4.6	**3:20**	6.1	**9:12**	3.0	**10:31**	-0.1	7:04	6:54	