US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	4.5	4:15	5.8	10:22	3.4	11:42	0.2	7:05	6:52	
2	Sun	7:28	4.5	5:22	5.4	11:53	3.6			7:06	6:50	
3	Mon	8:35	4.7	6:37	5.2	12:56	0.3	1:19	3.4	7:07	6:49	
4	Tue	9:24	4.9	7:49	5.1	2:02	0.4	2:25	3.0	7:08	6:47	
5	Wed	10:02	5.0	8:52	5.1	2:55	0.4	3:17	2.6	7:09	6:46	
6	Thu	10:33	5.1	9:45	5.1	3:38	0.5	4:00	2.1	7:10	6:44	
7	Fri	10:58	5.2	10:33	5.1	4:14	0.6	4:38	1.7	7:11	6:43	
8	Sat	11:20	5.3	11:18	5.0	4:44	0.8	5:13	1.3	7:12	6:42	
9	Sun	11:41	5.5			5:12	1.1	5:46	0.9	7:12	6:40	
10	Mon	12:01	4.9	12:01	5.6	5:39	1.5	6:17	0.6	7:13	6:39	
11	Tue	12:44	4.8	12:23	5.7	6:05	1.9	6:49	0.4	7:14	6:37	
12	Wed	1:29	4.7	12:48	5.8	6:33	2.3	7:23	0.2	7:15	6:36	
13	Thu	2:17	4.6	1:15	5.9	7:02	2.7	8:01	0.0	7:16	6:34	
14	Fri	3:09	4.4	1:47	5.8	7:35	3.0	8:44	0.0	7:17	6:33	
15	Sat	4:11	4.3	2:25	5.7	8:12	3.3	9:36	0.0	7:18	6:32	
16	Sun	5:23	4.2	3:15	5.6	9:02	3.6	10:37	0.0	7:19	6:30	
17	Mon	6:42	4.2	4:19	5.4	10:20	3.7	11:46	0.0	7:20	6:29	
18	Tue	7:47	4.4	5:37	5.3			12:02	3.6	7:21	6:27	
19	Wed	8:33	4.7	6:59	5.2	12:55	0.0	1:28	3.1	7:22	6:26	
20	Thu	9:10	5.0	8:15	5.3	1:55	0.0	2:32	2.4	7:23	6:25	
21	Fri	9:44	5.4	9:25	5.3	2:47	0.1	3:26	1.6	7:24	6:23	
22	Sat	10:16	5.8	10:30	5.4	3:33	0.3	4:16	0.8	7:25	6:22	
23	Sun	10:49	6.2	11:31	5.3	4:16	0.7	5:03	0.0	7:26	6:21	
24	Mon	11:22	6.5			4:57	1.2	5:50	-0.6	7:27	6:20	
25	Tue	12:31	5.3	11:57 AM	6.7	5:39	1.7	6:36	-1.0	7:28	6:18	
26	Wed	1:30	5.2	12:34	6.8	6:22	2.3	7:23	-1.1	7:29	6:17	
27	Thu	2:30	5.0	1:13	6.6	7:08	2.7	8:12	-1.0	7:30	6:16	
28	Fri	3:32	4.9	1:56	6.3	7:58	3.1	9:03	-0.7	7:31	6:15	
29	Sat	4:37	4.7	2:43	5.9	8:56	3.4	9:59	-0.4	7:32	6:14	
30	Sun	4:45	4.7	2:38	5.5	9:10	3.6	10:01	0.0	6:33	5:13	
31	Mon	5:52	4.7	3:42	5.0	10:37	3.5	11:06	0.3	6:34	5:11	