US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:49	4.8	4:55	4.7	11:57	3.2			6:35	5:10	
2	Wed	7:33	4.9	6:11	4.5	12:07	0.5	1:02	2.7	6:36	5:09	
3	Thu	8:07	5.1	7:22	4.4	12:59	0.7	1:54	2.2	6:37	5:08	
4	Fri	8:35	5.2	8:25	4.4	1:42	1.0	2:38	1.6	6:38	5:07	
5	Sat	8:59	5.4	9:21	4.4	2:20	1.3	3:16	1.1	6:39	5:06	
6	Sun	9:22	5.6	10:13	4.4	2:54	1.6	3:51	0.6	6:41	5:05	
7	Mon	9:45	5.8	11:01	4.5	3:25	2.0	4:23	0.2	6:42	5:04	
8	Tue	10:10	6.0	11:49	4.5	3:56	2.3	4:55	-0.1	6:43	5:03	
9	Wed	10:37	6.1			4:28	2.7	5:29	-0.4	6:44	5:02	
10	Thu	12:36	4.6	11:07 AM	6.1	5:01	3.0	6:04	-0.6	6:45	5:02	
11	Fri	1:25	4.6	11:41 AM	6.2	5:37	3.2	6:44	-0.7	6:46	5:01	
12	Sat	2:16	4.5	12:20	6.1	6:17	3.4	7:29	-0.7	6:47	5:00	
13	Sun	3:11	4.5	1:05	5.9	7:04	3.6	8:19	-0.6	6:48	4:59	
14	Mon	4:08	4.5	1:58	5.7	8:04	3.6	9:15	-0.5	6:49	4:58	
15	Tue	5:05	4.6	3:03	5.3	9:25	3.5	10:15	-0.3	6:50	4:58	
16	Wed	5:55	4.8	4:20	4.9	10:58	3.2	11:15	0.0	6:51	4:57	
17	Thu	6:39	5.1	5:46	4.7			12:18	2.5	6:52	4:56	
18	Fri	7:19	5.5	7:10	4.5	12:12	0.4	1:23	1.7	6:53	4:56	
19	Sat	7:55	5.9	8:29	4.6	1:04	0.8	2:18	0.8	6:54	4:55	
20	Sun	8:31	6.3	9:39	4.7	1:53	1.3	3:08	-0.1	6:55	4:55	
21	Mon	9:08	6.7	10:43	4.8	2:40	1.8	3:55	-0.7	6:56	4:54	
22	Tue	9:45	6.9	11:43	4.9	3:27	2.2	4:40	-1.1	6:58	4:53	
23	Wed	10:24	6.9			4:13	2.7	5:25	-1.3	6:59	4:53	
24	Thu	12:38	5.0	11:04 AM	6.8	5:01	3.0	6:09	-1.3	7:00	4:53	
25	Fri	1:32	5.0	11:46 AM	6.6	5:51	3.2	6:55	-1.2	7:01	4:52	
26	Sat	2:24	4.9	12:30	6.2	6:43	3.4	7:41	-0.9	7:02	4:52	
27	Sun	3:17	4.8	1:15	5.8	7:40	3.4	8:28	-0.5	7:03	4:51	
28	Mon	4:09	4.8	2:05	5.3	8:45	3.4	9:17	-0.1	7:04	4:51	
29	Tue	4:59	4.8	3:00	4.8	9:59	3.3	10:08	0.3	7:05	4:51	
30	Wed	5:45	4.8	4:05	4.3	11:15	3.0	10:59	0.7	7:05	4:51	