

## Alcatraz Island, CA - Aug 1989

| Date |     | High  |     |       |     | Low   |      |          |     |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft  | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Tue |       |     | 1:27  | 5.1 | 6:22  | -0.8 | 6:11     | 2.7 | 6:13                                                                                | 8:18 | ●                                                                                   |
| 2    | Wed | 12:06 | 6.3 | 2:00  | 5.1 | 6:58  | -0.6 | 6:56     | 2.5 | 6:14                                                                                | 8:17 | ●                                                                                   |
| 3    | Thu | 12:49 | 6.0 | 2:30  | 5.2 | 7:31  | -0.3 | 7:40     | 2.3 | 6:15                                                                                | 8:16 | ●                                                                                   |
| 4    | Fri | 1:30  | 5.6 | 2:58  | 5.2 | 8:03  | 0.1  | 8:24     | 2.2 | 6:15                                                                                | 8:15 | ●                                                                                   |
| 5    | Sat | 2:12  | 5.2 | 3:25  | 5.3 | 8:33  | 0.6  | 9:10     | 2.0 | 6:16                                                                                | 8:14 | ◐                                                                                   |
| 6    | Sun | 2:58  | 4.7 | 3:52  | 5.4 | 9:03  | 1.2  | 10:01    | 1.9 | 6:17                                                                                | 8:13 | ◐                                                                                   |
| 7    | Mon | 3:50  | 4.2 | 4:22  | 5.4 | 9:34  | 1.8  | 10:58    | 1.7 | 6:18                                                                                | 8:12 | ◐                                                                                   |
| 8    | Tue | 4:58  | 3.8 | 4:57  | 5.5 | 10:09 | 2.4  |          |     | 6:19                                                                                | 8:11 | ◐                                                                                   |
| 9    | Wed | 6:34  | 3.6 | 5:41  | 5.5 | 12:03 | 1.5  | 10:53 AM | 2.9 | 6:20                                                                                | 8:10 | ◐                                                                                   |
| 10   | Thu | 8:36  | 3.6 | 6:33  | 5.6 | 1:10  | 1.2  | 11:58 AM | 3.4 | 6:21                                                                                | 8:08 | ◐                                                                                   |
| 11   | Fri | 10:00 | 3.9 | 7:31  | 5.7 | 2:14  | 0.9  | 1:21     | 3.6 | 6:21                                                                                | 8:07 | ◐                                                                                   |
| 12   | Sat | 10:46 | 4.2 | 8:28  | 6.0 | 3:08  | 0.5  | 2:31     | 3.6 | 6:22                                                                                | 8:06 | ◐                                                                                   |
| 13   | Sun | 11:21 | 4.4 | 9:21  | 6.2 | 3:55  | 0.0  | 3:25     | 3.4 | 6:23                                                                                | 8:05 | ○                                                                                   |
| 14   | Mon | 11:51 | 4.6 | 10:11 | 6.4 | 4:37  | -0.3 | 4:12     | 3.2 | 6:24                                                                                | 8:03 | ○                                                                                   |
| 15   | Tue |       |     | 12:21 | 4.8 | 5:15  | -0.6 | 4:56     | 2.8 | 6:25                                                                                | 8:02 | ○                                                                                   |
| 16   | Wed |       |     | 12:51 | 5.0 | 5:52  | -0.8 | 5:42     | 2.4 | 6:26                                                                                | 8:01 | ○                                                                                   |
| 17   | Thu |       |     | 1:21  | 5.3 | 6:29  | -0.7 | 6:29     | 2.0 | 6:27                                                                                | 8:00 | ○                                                                                   |
| 18   | Fri | 12:38 | 6.4 | 1:52  | 5.6 | 7:05  | -0.5 | 7:18     | 1.5 | 6:27                                                                                | 7:58 | ○                                                                                   |
| 19   | Sat | 1:30  | 6.0 | 2:25  | 5.9 | 7:42  | 0.0  | 8:11     | 1.1 | 6:28                                                                                | 7:57 | ○                                                                                   |
| 20   | Sun | 2:27  | 5.5 | 3:00  | 6.2 | 8:20  | 0.6  | 9:08     | 0.8 | 6:29                                                                                | 7:56 | ○                                                                                   |
| 21   | Mon | 3:30  | 5.0 | 3:40  | 6.3 | 9:01  | 1.4  | 10:12    | 0.6 | 6:30                                                                                | 7:54 | ○                                                                                   |
| 22   | Tue | 4:45  | 4.4 | 4:25  | 6.4 | 9:47  | 2.1  | 11:23    | 0.4 | 6:31                                                                                | 7:53 | ○                                                                                   |
| 23   | Wed | 6:17  | 4.1 | 5:19  | 6.3 | 10:44 | 2.8  |          |     | 6:32                                                                                | 7:52 | ◐                                                                                   |
| 24   | Thu | 7:58  | 4.2 | 6:22  | 6.3 | 12:41 | 0.3  | 12:01    | 3.3 | 6:33                                                                                | 7:50 | ◐                                                                                   |
| 25   | Fri | 9:20  | 4.4 | 7:31  | 6.2 | 1:56  | 0.1  | 1:27     | 3.4 | 6:33                                                                                | 7:49 | ◐                                                                                   |
| 26   | Sat | 10:18 | 4.7 | 8:37  | 6.2 | 3:02  | -0.1 | 2:42     | 3.2 | 6:34                                                                                | 7:47 | ◐                                                                                   |
| 27   | Sun | 11:02 | 5.0 | 9:36  | 6.2 | 3:56  | -0.3 | 3:42     | 3.0 | 6:35                                                                                | 7:46 | ◐                                                                                   |
| 28   | Mon | 11:41 | 5.1 | 10:28 | 6.2 | 4:42  | -0.3 | 4:33     | 2.6 | 6:36                                                                                | 7:45 | ◐                                                                                   |
| 29   | Tue |       |     | 12:14 | 5.2 | 5:20  | -0.3 | 5:18     | 2.3 | 6:37                                                                                | 7:43 | ◐                                                                                   |
| 30   | Wed |       |     | 12:44 | 5.3 | 5:54  | -0.1 | 5:58     | 2.0 | 6:38                                                                                | 7:42 | ◐                                                                                   |
| 31   | Thu |       |     | 1:10  | 5.3 | 6:25  | 0.2  | 6:37     | 1.8 | 6:39                                                                                | 7:40 | ●                                                                                   |