

Alcatraz Island, CA - Apr 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:19	5.8	1:35	4.5	6:49	-0.2	6:37	2.1	5:54	6:32	
2	Tue	12:49	5.7	2:27	4.3	7:30	-0.2	7:14	2.5	5:53	6:33	
3	Wed	1:21	5.5	3:25	4.1	8:13	0.0	7:56	2.9	5:51	6:34	
4	Thu	1:57	5.3	4:34	3.9	9:02	0.2	8:48	3.1	5:50	6:34	
5	Fri	2:42	5.1	5:53	3.8	9:59	0.4	10:04	3.3	5:48	6:35	
6	Sat	3:37	4.8	7:03	3.9	11:05	0.5	11:35	3.2	5:47	6:36	
7	Sun	5:45	4.6	8:51	4.1			1:10	0.5	6:46	7:37	
8	Mon	6:58	4.5	9:24	4.3	1:48	2.9	2:06	0.4	6:44	7:38	
9	Tue	8:07	4.5	9:52	4.6	2:43	2.5	2:52	0.4	6:43	7:39	
10	Wed	9:08	4.6	10:18	4.8	3:28	2.0	3:31	0.5	6:41	7:40	
11	Thu	10:04	4.7	10:44	5.2	4:07	1.4	4:07	0.6	6:40	7:41	
12	Fri	10:57	4.8	11:11	5.5	4:45	0.8	4:42	0.8	6:38	7:42	
13	Sat	11:49	4.8	11:40	5.8	5:22	0.2	5:17	1.1	6:37	7:43	
14	Sun			12:42	4.8	6:01	-0.3	5:54	1.5	6:35	7:44	
15	Mon	12:12	6.1	1:35	4.8	6:43	-0.8	6:32	1.9	6:34	7:45	
16	Tue	12:47	6.3	2:31	4.7	7:28	-1.1	7:14	2.3	6:33	7:45	
17	Wed	1:27	6.3	3:31	4.5	8:17	-1.2	8:01	2.6	6:31	7:46	
18	Thu	2:12	6.2	4:36	4.4	9:11	-1.1	8:57	2.8	6:30	7:47	
19	Fri	3:04	6.0	5:45	4.3	10:11	-0.9	10:09	3.0	6:28	7:48	
20	Sat	4:06	5.6	6:53	4.4	11:17	-0.6	11:39	2.9	6:27	7:49	
21	Sun	5:19	5.2	7:53	4.7			12:26	-0.4	6:26	7:50	
22	Mon	6:39	4.9	8:42	5.0	1:07	2.5	1:30	-0.1	6:24	7:51	
23	Tue	7:59	4.7	9:24	5.3	2:19	1.9	2:26	0.1	6:23	7:52	
24	Wed	9:13	4.6	10:01	5.6	3:19	1.2	3:15	0.4	6:22	7:53	
25	Thu	10:18	4.6	10:35	5.8	4:10	0.6	3:58	0.8	6:21	7:54	
26	Fri	11:17	4.6	11:07	5.9	4:55	0.1	4:38	1.2	6:19	7:55	
27	Sat			12:11	4.6	5:36	-0.3	5:17	1.7	6:18	7:56	
28	Sun			1:02	4.5	6:14	-0.5	5:54	2.1	6:17	7:56	
29	Mon	12:06	5.9	1:50	4.5	6:50	-0.7	6:32	2.4	6:16	7:57	
30	Tue	12:36	5.8	2:38	4.4	7:27	-0.7	7:10	2.7	6:14	7:58	