

Alcatraz Island, CA - Oct 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:53	4.5	6:13	5.7	12:14	0.1	12:22	3.3	7:05	6:53	
2	Wed	8:48	4.8	7:31	5.6	1:26	0.0	1:45	2.9	7:05	6:52	
3	Thu	9:32	5.1	8:43	5.6	2:27	0.0	2:50	2.2	7:06	6:50	
4	Fri	10:10	5.5	9:48	5.6	3:18	0.1	3:46	1.6	7:07	6:49	
5	Sat	10:46	5.8	10:47	5.6	4:03	0.3	4:35	0.9	7:08	6:47	
6	Sun	11:19	6.0	11:43	5.5	4:44	0.6	5:21	0.4	7:09	6:46	
7	Mon	11:52	6.2			5:23	1.0	6:05	0.0	7:10	6:44	
8	Tue	12:37	5.3	12:24	6.3	6:01	1.5	6:48	-0.2	7:11	6:43	
9	Wed	1:30	5.1	12:56	6.2	6:40	2.0	7:30	-0.3	7:12	6:41	
10	Thu	2:23	4.9	1:29	6.1	7:19	2.4	8:12	-0.2	7:13	6:40	
11	Fri	3:18	4.7	2:04	5.9	8:01	2.9	8:57	0.0	7:14	6:38	
12	Sat	4:18	4.5	2:43	5.6	8:48	3.2	9:47	0.2	7:15	6:37	
13	Sun	5:24	4.4	3:29	5.3	9:47	3.4	10:44	0.5	7:16	6:35	
14	Mon	6:36	4.3	4:26	5.0	11:07	3.5	11:48	0.7	7:16	6:34	
15	Tue	7:40	4.4	5:34	4.8			12:31	3.4	7:17	6:33	
16	Wed	8:27	4.5	6:46	4.7	12:52	0.7	1:40	3.0	7:18	6:31	
17	Thu	9:02	4.7	7:55	4.6	1:47	0.8	2:34	2.6	7:19	6:30	
18	Fri	9:30	4.9	8:57	4.7	2:33	0.8	3:18	2.1	7:20	6:28	
19	Sat	9:56	5.2	9:52	4.8	3:13	0.9	3:56	1.6	7:21	6:27	
20	Sun	10:21	5.5	10:44	4.8	3:48	1.1	4:32	1.0	7:22	6:26	
21	Mon	10:47	5.8	11:35	4.9	4:22	1.4	5:07	0.5	7:23	6:24	
22	Tue	11:15	6.0			4:56	1.7	5:43	0.0	7:24	6:23	
23	Wed	12:25	4.9	11:46 AM	6.3	5:31	2.0	6:22	-0.4	7:25	6:22	
24	Thu	1:17	4.9	12:20	6.4	6:08	2.3	7:04	-0.7	7:26	6:21	
25	Fri	2:11	4.9	12:58	6.5	6:48	2.7	7:50	-0.9	7:27	6:19	
26	Sat	3:07	4.8	1:42	6.4	7:33	2.9	8:40	-0.8	7:28	6:18	
27	Sun	3:08	4.7	1:32	6.2	7:26	3.2	8:37	-0.7	6:29	5:17	
28	Mon	4:13	4.6	2:32	5.9	8:33	3.3	9:40	-0.4	6:30	5:16	
29	Tue	5:18	4.7	3:42	5.5	9:58	3.2	10:46	-0.2	6:31	5:14	
30	Wed	6:16	4.9	5:02	5.2	11:29	2.8	11:51	0.1	6:32	5:13	
31	Thu	7:06	5.2	6:24	4.9			12:46	2.2	6:33	5:12	