

Alcatraz Island, CA - Dec 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:46	6.2	9:00	4.3	1:02	1.6	2:33	0.3	7:06	4:51	
2	Mon	8:26	6.4	10:05	4.5	1:54	2.1	3:20	-0.2	7:07	4:50	
3	Tue	9:03	6.4	11:01	4.6	2:44	2.5	4:03	-0.5	7:08	4:50	
4	Wed	9:40	6.4	11:51	4.8	3:30	2.8	4:42	-0.7	7:09	4:50	
5	Thu	10:15	6.3			4:15	3.0	5:18	-0.8	7:09	4:50	
6	Fri	12:36	4.8	10:50 AM	6.2	4:57	3.2	5:54	-0.8	7:10	4:50	
7	Sat	1:17	4.8	11:26 AM	6.1	5:39	3.3	6:29	-0.7	7:11	4:50	
8	Sun	1:56	4.7	12:02	5.9	6:20	3.3	7:05	-0.5	7:12	4:50	
9	Mon	2:33	4.7	12:40	5.6	7:03	3.3	7:41	-0.3	7:13	4:50	
10	Tue	3:09	4.7	1:21	5.3	7:50	3.2	8:18	-0.1	7:14	4:50	
11	Wed	3:45	4.7	2:05	4.9	8:45	3.1	8:57	0.2	7:14	4:50	
12	Thu	4:21	4.8	2:58	4.4	9:51	2.9	9:37	0.6	7:15	4:51	
13	Fri	4:58	5.0	4:05	4.0	11:02	2.6	10:22	1.1	7:16	4:51	
14	Sat	5:35	5.2	5:29	3.7			12:08	2.1	7:17	4:51	
15	Sun	6:12	5.5	7:02	3.6			1:04	1.5	7:17	4:51	
16	Mon	6:51	5.8	8:27	3.8	12:04	2.0	1:53	0.8	7:18	4:52	
17	Tue	7:31	6.1	9:36	4.1	12:59	2.5	2:39	0.1	7:19	4:52	
18	Wed	8:14	6.5	10:34	4.4	1:52	2.8	3:23	-0.6	7:19	4:52	
19	Thu	8:59	6.8	11:24	4.7	2:45	3.0	4:08	-1.1	7:20	4:53	
20	Fri	9:46	7.0			3:36	3.0	4:53	-1.5	7:20	4:53	
21	Sat	12:11	4.9	10:35 AM	7.1	4:28	3.0	5:39	-1.7	7:21	4:54	
22	Sun	12:56	5.0	11:26 AM	7.0	5:21	2.9	6:26	-1.7	7:21	4:54	
23	Mon	1:41	5.1	12:18	6.8	6:17	2.7	7:12	-1.4	7:22	4:55	
24	Tue	2:25	5.3	1:13	6.3	7:17	2.5	7:59	-1.0	7:22	4:55	
25	Wed	3:09	5.4	2:13	5.6	8:24	2.3	8:46	-0.4	7:23	4:56	
26	Thu	3:54	5.6	3:19	4.9	9:38	2.0	9:34	0.3	7:23	4:56	
27	Fri	4:41	5.8	4:38	4.3	10:56	1.6	10:27	1.1	7:23	4:57	
28	Sat	5:28	6.0	6:12	3.9			12:12	1.1	7:24	4:58	
29	Sun	6:17	6.1	7:49	3.9			1:20	0.6	7:24	4:58	
30	Mon	7:05	6.2	9:10	4.1	12:27	2.4	2:18	0.1	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	7:51	6.3	10:07	4.4	1:29	2.8	3:07	-0.2	7:25	5:00	