

Alcatraz Island, CA - Jan 1992

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:37	6.3	10:57	4.6	2:27	2.9	3:49	-0.4	7:25	5:01	
2	Thu	9:19	6.3	11:39	4.7	3:18	3.1	4:28	-0.5	7:25	5:01	
3	Fri	9:58	6.2			4:04	3.1	5:03	-0.6	7:25	5:02	
4	Sat	12:16	4.8	10:36 AM	6.1	4:45	3.1	5:36	-0.6	7:25	5:03	
5	Sun	12:49	4.8	11:12 AM	6.0	5:24	3.0	6:08	-0.5	7:25	5:04	
6	Mon	1:19	4.8	11:48 AM	5.8	6:02	2.9	6:38	-0.4	7:25	5:05	
7	Tue	1:47	4.8	12:25	5.6	6:40	2.8	7:08	-0.2	7:25	5:06	
8	Wed	2:15	4.9	1:03	5.2	7:21	2.7	7:38	0.1	7:25	5:07	
9	Thu	2:43	5.0	1:44	4.8	8:06	2.5	8:10	0.5	7:25	5:08	
10	Fri	3:14	5.1	2:33	4.3	8:58	2.3	8:44	1.0	7:25	5:08	
11	Sat	3:47	5.3	3:37	3.9	9:59	2.1	9:23	1.5	7:25	5:09	
12	Sun	4:26	5.5	5:04	3.6	11:07	1.7	10:11	2.1	7:24	5:10	
13	Mon	5:09	5.7	6:50	3.5			12:15	1.2	7:24	5:11	
14	Tue	5:58	5.9	8:24	3.8			1:18	0.6	7:24	5:12	
15	Wed	6:52	6.2	9:31	4.1	12:20	2.9	2:13	-0.1	7:24	5:13	
16	Thu	7:47	6.5	10:21	4.5	1:28	3.1	3:04	-0.7	7:23	5:14	
17	Fri	8:42	6.8	11:05	4.8	2:30	3.0	3:52	-1.1	7:23	5:16	
18	Sat	9:35	7.0	11:46	5.1	3:27	2.8	4:37	-1.5	7:22	5:17	
19	Sun	10:29	7.1			4:21	2.6	5:22	-1.5	7:22	5:18	
20	Mon	12:25	5.3	11:21 AM	6.9	5:15	2.2	6:05	-1.4	7:22	5:19	
21	Tue	1:04	5.5	12:14	6.6	6:10	1.9	6:47	-1.1	7:21	5:20	
22	Wed	1:43	5.7	1:09	6.1	7:06	1.6	7:29	-0.5	7:21	5:21	
23	Thu	2:23	5.9	2:06	5.4	8:06	1.4	8:12	0.2	7:20	5:22	
24	Fri	3:04	6.0	3:11	4.7	9:11	1.2	8:56	1.0	7:19	5:23	
25	Sat	3:48	6.1	4:29	4.1	10:21	1.0	9:47	1.7	7:19	5:24	
26	Sun	4:36	6.0	6:05	3.8	11:36	0.8	10:48	2.4	7:18	5:25	
27	Mon	5:29	6.0	7:46	3.9			12:48	0.6	7:17	5:26	
28	Tue	6:26	5.9	9:02	4.2	12:01	2.9	1:52	0.3	7:17	5:28	
29	Wed	7:22	5.9	9:57	4.4	1:15	3.1	2:46	0.0	7:16	5:29	
30	Thu	8:14	5.9	10:39	4.6	2:18	3.1	3:31	-0.1	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	9:01	6.0	11:14	4.7	3:10	3.0	4:09	-0.3	7:14	5:31	