

Alcatraz Island, CA - Mar 1992

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:27	5.5	10:59	4.8	3:38	2.3	4:10	0.1	6:40	6:03	
2	Mon	10:09	5.5	11:22	4.9	4:15	2.0	4:39	0.1	6:38	6:04	
3	Tue	10:48	5.4	11:44	5.1	4:49	1.7	5:06	0.3	6:37	6:05	
4	Wed	11:28	5.3			5:22	1.4	5:33	0.5	6:35	6:06	
5	Thu	12:08	5.3	12:08	5.1	5:55	1.1	6:00	0.8	6:34	6:07	
6	Fri	12:32	5.4	12:50	4.8	6:30	0.9	6:29	1.1	6:33	6:08	
7	Sat	12:59	5.6	1:36	4.5	7:08	0.7	7:00	1.6	6:31	6:09	
8	Sun	1:28	5.7	2:30	4.2	7:51	0.5	7:34	2.0	6:30	6:10	
9	Mon	2:03	5.7	3:36	3.9	8:41	0.4	8:15	2.5	6:28	6:11	
10	Tue	2:45	5.7	5:00	3.8	9:42	0.3	9:09	2.9	6:27	6:12	
11	Wed	3:39	5.6	6:33	3.8	10:53	0.2	10:28	3.1	6:25	6:13	
12	Thu	4:46	5.6	7:46	4.1			12:08	0.0	6:24	6:14	
13	Fri	6:01	5.6	8:38	4.4	12:00	3.1	1:16	-0.2	6:22	6:15	
14	Sat	7:15	5.7	9:19	4.8	1:19	2.7	2:13	-0.5	6:21	6:16	
15	Sun	8:22	5.9	9:56	5.1	2:22	2.1	3:02	-0.5	6:19	6:17	
16	Mon	9:23	5.9	10:32	5.5	3:17	1.5	3:47	-0.5	6:18	6:18	
17	Tue	10:21	5.9	11:07	5.8	4:08	0.9	4:28	-0.2	6:16	6:19	
18	Wed	11:16	5.7	11:42	6.1	4:56	0.3	5:09	0.2	6:15	6:20	
19	Thu			12:10	5.5	5:44	-0.1	5:48	0.7	6:13	6:20	
20	Fri	12:17	6.2	1:05	5.1	6:32	-0.3	6:29	1.2	6:12	6:21	
21	Sat	12:53	6.2	2:01	4.8	7:20	-0.4	7:11	1.8	6:10	6:22	
22	Sun	1:30	6.0	3:03	4.4	8:10	-0.3	7:57	2.3	6:09	6:23	
23	Mon	2:11	5.8	4:13	4.1	9:04	0.0	8:51	2.7	6:07	6:24	
24	Tue	2:57	5.4	5:34	4.0	10:05	0.2	10:04	3.0	6:05	6:25	
25	Wed	3:53	5.1	6:55	4.1	11:14	0.4	11:31	3.1	6:04	6:26	
26	Thu	4:59	4.9	7:56	4.2			12:22	0.5	6:02	6:27	
27	Fri	6:10	4.7	8:40	4.4	12:47	2.9	1:21	0.5	6:01	6:28	
28	Sat	7:17	4.7	9:12	4.6	1:47	2.5	2:10	0.4	5:59	6:29	
29	Sun	8:16	4.8	9:39	4.7	2:35	2.1	2:50	0.5	5:58	6:30	
30	Mon	9:07	4.8	10:03	4.9	3:16	1.7	3:24	0.6	5:56	6:31	
31	Tue	9:54	4.8	10:26	5.1	3:53	1.3	3:55	0.7	5:55	6:31	