

Alcatraz Island, CA - Feb 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:05	5.7	8:53	3.9			1:32	0.5	7:13	5:33	
2	Tue	7:03	5.9	9:42	4.2	12:48	3.1	2:24	0.0	7:12	5:34	
3	Wed	8:00	6.2	10:21	4.5	1:53	3.0	3:10	-0.5	7:11	5:35	
4	Thu	8:54	6.5	10:58	4.8	2:48	2.8	3:53	-0.9	7:10	5:36	
5	Fri	9:46	6.7	11:33	5.1	3:39	2.4	4:35	-1.1	7:09	5:37	
6	Sat	10:38	6.7			4:29	2.0	5:15	-1.1	7:08	5:38	
7	Sun	12:09	5.4	11:29 AM	6.6	5:19	1.6	5:56	-0.9	7:07	5:40	
8	Mon	12:45	5.7	12:22	6.2	6:11	1.2	6:36	-0.5	7:06	5:41	
9	Tue	1:22	6.0	1:17	5.7	7:05	0.9	7:17	0.1	7:05	5:42	
10	Wed	2:01	6.1	2:17	5.1	8:02	0.7	8:00	0.8	7:04	5:43	
11	Thu	2:44	6.2	3:26	4.5	9:04	0.6	8:48	1.5	7:03	5:44	
12	Fri	3:31	6.2	4:48	4.1	10:14	0.5	9:44	2.1	7:02	5:45	
13	Sat	4:24	6.1	6:24	4.0	11:30	0.4	10:57	2.7	7:01	5:46	
14	Sun	5:25	6.0	7:54	4.1			12:45	0.3	6:59	5:47	
15	Mon	6:31	5.9	9:00	4.4	12:20	2.9	1:51	0.1	6:58	5:48	
16	Tue	7:34	5.8	9:49	4.7	1:35	2.9	2:46	-0.1	6:57	5:49	
17	Wed	8:30	5.8	10:29	4.9	2:36	2.7	3:31	-0.2	6:56	5:50	
18	Thu	9:20	5.8	11:03	5.0	3:26	2.5	4:09	-0.2	6:55	5:51	
19	Fri	10:04	5.8	11:33	5.0	4:09	2.2	4:42	-0.1	6:53	5:53	
20	Sat	10:44	5.6	11:59	5.1	4:48	2.0	5:13	0.0	6:52	5:54	
21	Sun	11:23	5.5			5:23	1.8	5:41	0.2	6:51	5:55	
22	Mon	12:22	5.1	12:01	5.2	5:58	1.6	6:08	0.5	6:50	5:56	
23	Tue	12:45	5.2	12:39	5.0	6:32	1.4	6:35	0.8	6:48	5:57	
24	Wed	1:10	5.3	1:19	4.7	7:07	1.2	7:04	1.2	6:47	5:58	
25	Thu	1:36	5.4	2:03	4.3	7:45	1.1	7:34	1.6	6:46	5:59	
26	Fri	2:06	5.4	2:56	4.0	8:29	1.0	8:07	2.1	6:44	6:00	
27	Sat	2:41	5.4	4:05	3.7	9:21	1.0	8:48	2.5	6:43	6:01	
28	Sun	3:24	5.4	5:36	3.6	10:24	0.9	9:44	2.9	6:41	6:02	