

Alcatraz Island, CA - Oct 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:46	5.0	12:34	5.6	6:17	1.7	6:52	0.6	7:05	6:52	
2	Sat	1:28	4.9	1:00	5.7	6:46	2.0	7:25	0.5	7:06	6:51	
3	Sun	2:10	4.7	1:28	5.7	7:17	2.3	8:00	0.4	7:07	6:49	
4	Mon	2:56	4.5	2:00	5.7	7:50	2.6	8:40	0.4	7:08	6:48	
5	Tue	3:48	4.3	2:37	5.6	8:27	2.9	9:26	0.5	7:09	6:46	
6	Wed	4:48	4.2	3:22	5.4	9:13	3.2	10:20	0.5	7:10	6:45	
7	Thu	5:58	4.2	4:18	5.3	10:17	3.3	11:23	0.5	7:10	6:43	
8	Fri	7:06	4.3	5:25	5.2	11:41	3.3			7:11	6:42	
9	Sat	8:02	4.5	6:40	5.1	12:30	0.5	1:02	3.0	7:12	6:40	
10	Sun	8:47	4.8	7:53	5.2	1:32	0.4	2:07	2.5	7:13	6:39	
11	Mon	9:25	5.2	9:01	5.4	2:26	0.4	3:02	1.8	7:14	6:37	
12	Tue	10:01	5.6	10:04	5.5	3:14	0.4	3:52	1.0	7:15	6:36	
13	Wed	10:36	6.0	11:04	5.6	3:59	0.6	4:40	0.3	7:16	6:35	
14	Thu	11:13	6.4			4:43	0.9	5:27	-0.3	7:17	6:33	
15	Fri	12:02	5.6	11:51 AM	6.7	5:27	1.2	6:15	-0.8	7:18	6:32	
16	Sat	1:00	5.5	12:31	6.8	6:11	1.7	7:04	-1.0	7:19	6:30	
17	Sun	1:58	5.3	1:14	6.8	6:58	2.1	7:55	-1.0	7:20	6:29	
18	Mon	2:57	5.2	2:00	6.6	7:48	2.4	8:48	-0.8	7:21	6:28	
19	Tue	3:59	5.0	2:51	6.2	8:46	2.8	9:45	-0.5	7:22	6:26	
20	Wed	5:05	4.8	3:48	5.8	9:54	3.0	10:47	-0.1	7:23	6:25	
21	Thu	6:13	4.8	4:53	5.3	11:17	3.0	11:53	0.2	7:24	6:24	
22	Fri	7:17	4.9	6:06	4.9			12:40	2.8	7:25	6:22	
23	Sat	8:12	5.0	7:21	4.7	12:57	0.5	1:51	2.4	7:26	6:21	
24	Sun	8:56	5.2	8:32	4.6	1:54	0.7	2:49	1.9	7:27	6:20	
25	Mon	9:33	5.4	9:34	4.6	2:43	1.0	3:37	1.5	7:28	6:19	
26	Tue	10:03	5.5	10:28	4.7	3:26	1.2	4:18	1.0	7:29	6:17	
27	Wed	10:30	5.6	11:17	4.7	4:03	1.5	4:54	0.7	7:30	6:16	
28	Thu	10:56	5.7			4:38	1.8	5:28	0.4	7:31	6:15	
29	Fri	12:02	4.7	11:22 AM	5.8	5:10	2.1	5:59	0.1	7:32	6:14	
30	Sat	12:45	4.7	11:49 AM	5.9	5:43	2.4	6:31	0.0	7:33	6:13	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	1:28	4.7	11:18 AM	5.9	5:15	2.6	6:03	-0.2	6:34	5:12	