

Alcatraz Island, CA - Dec 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:43	4.7	12:05	6.0	6:09	3.1	6:59	-0.7	7:06	4:51	
2	Thu	2:24	4.8	12:47	5.8	6:54	3.1	7:39	-0.6	7:07	4:50	
3	Fri	3:07	4.8	1:34	5.5	7:47	3.0	8:23	-0.4	7:08	4:50	
4	Sat	3:50	4.9	2:29	5.1	8:51	2.9	9:11	-0.1	7:09	4:50	
5	Sun	4:35	5.1	3:37	4.7	10:05	2.6	10:02	0.4	7:10	4:50	
6	Mon	5:21	5.4	4:59	4.3	11:23	2.1	10:58	0.9	7:11	4:50	
7	Tue	6:07	5.7	6:29	4.1			12:33	1.4	7:12	4:50	
8	Wed	6:52	6.1	7:56	4.2			1:35	0.6	7:12	4:50	
9	Thu	7:38	6.5	9:11	4.4	12:56	1.8	2:29	-0.2	7:13	4:50	
10	Fri	8:24	6.8	10:15	4.7	1:54	2.2	3:20	-0.8	7:14	4:50	
11	Sat	9:10	7.0	11:11	4.9	2:49	2.4	4:08	-1.2	7:15	4:50	
12	Sun	9:56	7.0			3:42	2.6	4:54	-1.4	7:16	4:51	
13	Mon	12:02	5.1	10:43 AM	7.0	4:35	2.7	5:39	-1.4	7:16	4:51	
14	Tue	12:50	5.2	11:29 AM	6.7	5:27	2.7	6:23	-1.3	7:17	4:51	
15	Wed	1:36	5.2	12:16	6.4	6:20	2.7	7:06	-1.0	7:18	4:51	
16	Thu	2:20	5.2	1:02	5.9	7:15	2.7	7:48	-0.6	7:18	4:52	
17	Fri	3:03	5.2	1:51	5.4	8:13	2.7	8:31	-0.2	7:19	4:52	
18	Sat	3:46	5.2	2:43	4.8	9:17	2.6	9:14	0.4	7:20	4:52	
19	Sun	4:28	5.2	3:45	4.2	10:27	2.4	10:00	1.0	7:20	4:53	
20	Mon	5:10	5.2	5:01	3.8	11:38	2.1	10:50	1.5	7:21	4:53	
21	Tue	5:51	5.4	6:32	3.6			12:43	1.6	7:21	4:54	
22	Wed	6:31	5.5	8:01	3.6			1:39	1.2	7:22	4:54	
23	Thu	7:11	5.7	9:12	3.9	12:41	2.4	2:26	0.7	7:22	4:55	
24	Fri	7:51	5.8	10:06	4.1	1:35	2.7	3:07	0.3	7:23	4:55	
25	Sat	8:31	6.0	10:51	4.4	2:24	2.9	3:45	-0.1	7:23	4:56	
26	Sun	9:10	6.2	11:30	4.6	3:09	3.0	4:20	-0.4	7:23	4:57	
27	Mon	9:50	6.3			3:51	3.0	4:54	-0.6	7:24	4:57	
28	Tue	12:06	4.7	10:29 AM	6.4	4:31	3.0	5:28	-0.8	7:24	4:58	
29	Wed	12:41	4.8	11:10 AM	6.4	5:12	2.9	6:03	-0.9	7:24	4:59	
30	Thu	1:16	5.0	11:53 AM	6.2	5:55	2.8	6:39	-0.9	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	1:52	5.1	12:37	6.0	6:42	2.6	7:17	-0.7	7:25	5:00	