

Alcatraz Island, CA - Mar 1994

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:43	6.2	2:27	4.9	7:56	0.1	7:52	1.3	6:40	6:03	
2	Wed	2:27	6.2	3:36	4.5	8:56	0.1	8:42	1.9	6:39	6:04	
3	Thu	3:17	6.1	4:58	4.2	10:04	0.1	9:46	2.4	6:38	6:05	
4	Fri	4:15	5.9	6:29	4.1	11:20	0.1	11:07	2.7	6:36	6:06	
5	Sat	5:23	5.8	7:48	4.4			12:35	0.1	6:35	6:07	
6	Sun	6:34	5.7	8:47	4.6	12:33	2.7	1:41	-0.1	6:33	6:08	
7	Mon	7:42	5.7	9:34	4.9	1:46	2.5	2:36	-0.1	6:32	6:09	
8	Tue	8:42	5.7	10:13	5.1	2:45	2.1	3:22	-0.1	6:30	6:10	
9	Wed	9:34	5.6	10:47	5.2	3:35	1.8	4:02	-0.1	6:29	6:10	
10	Thu	10:21	5.5	11:18	5.3	4:18	1.5	4:37	0.1	6:27	6:11	
11	Fri	11:05	5.4	11:45	5.4	4:57	1.2	5:09	0.4	6:26	6:12	
12	Sat	11:47	5.2			5:34	1.0	5:40	0.7	6:24	6:13	
13	Sun	12:11	5.4	12:27	4.9	6:09	0.8	6:11	1.0	6:23	6:14	
14	Mon	12:36	5.4	1:08	4.7	6:44	0.7	6:41	1.4	6:21	6:15	
15	Tue	1:02	5.4	1:51	4.4	7:20	0.6	7:12	1.8	6:20	6:16	
16	Wed	1:31	5.4	2:40	4.1	7:59	0.6	7:47	2.2	6:18	6:17	
17	Thu	2:04	5.3	3:37	3.9	8:44	0.7	8:26	2.5	6:17	6:18	
18	Fri	2:44	5.2	4:50	3.7	9:37	0.7	9:19	2.8	6:15	6:19	
19	Sat	3:33	5.1	6:13	3.7	10:40	0.7	10:34	3.0	6:14	6:20	
20	Sun	4:34	5.0	7:24	3.9	11:49	0.6	11:59	3.0	6:12	6:21	
21	Mon	5:43	5.0	8:14	4.2			12:52	0.4	6:11	6:22	
22	Tue	6:51	5.1	8:53	4.5	1:08	2.7	1:46	0.2	6:09	6:23	
23	Wed	7:55	5.3	9:27	4.8	2:03	2.2	2:32	0.0	6:08	6:24	
24	Thu	8:53	5.4	10:00	5.2	2:51	1.7	3:15	-0.1	6:06	6:25	
25	Fri	9:49	5.6	10:34	5.6	3:37	1.1	3:55	0.0	6:05	6:26	
26	Sat	10:43	5.6	11:09	5.9	4:22	0.4	4:36	0.2	6:03	6:26	
27	Sun	11:38	5.6	11:45	6.2	5:08	-0.1	5:17	0.6	6:02	6:27	
28	Mon			12:33	5.4	5:56	-0.5	5:59	1.0	6:00	6:28	
29	Tue	12:25	6.4	1:30	5.1	6:46	-0.8	6:44	1.4	5:59	6:29	
30	Wed	1:07	6.4	2:32	4.8	7:39	-0.8	7:34	1.9	5:57	6:30	
31	Thu	1:54	6.2	3:39	4.6	8:36	-0.7	8:32	2.3	5:56	6:31	