

Alcatraz Island, CA - May 1994

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:24	5.3	6:38	4.8	11:16	-0.4			6:13	7:59	
2	Mon	5:33	4.8	7:36	4.9	12:04	2.4	12:19	0.0	6:12	8:00	
3	Tue	6:50	4.4	8:26	5.1	1:21	2.1	1:19	0.4	6:11	8:01	
4	Wed	8:06	4.2	9:08	5.2	2:26	1.6	2:13	0.7	6:10	8:02	
5	Thu	9:16	4.2	9:44	5.4	3:21	1.2	3:01	1.0	6:09	8:03	
6	Fri	10:17	4.2	10:15	5.5	4:06	0.7	3:43	1.3	6:07	8:04	
7	Sat	11:10	4.3	10:44	5.6	4:46	0.3	4:22	1.6	6:06	8:05	
8	Sun	11:58	4.3	11:12	5.6	5:22	0.0	4:58	1.9	6:05	8:06	
9	Mon			12:42	4.4	5:55	-0.2	5:33	2.2	6:04	8:07	
10	Tue			1:24	4.4	6:27	-0.4	6:08	2.4	6:03	8:08	
11	Wed	12:10	5.7	2:05	4.4	6:58	-0.5	6:43	2.6	6:02	8:09	
12	Thu	12:41	5.7	2:46	4.4	7:31	-0.5	7:19	2.7	6:02	8:09	
13	Fri	1:16	5.6	3:28	4.3	8:07	-0.6	7:59	2.8	6:01	8:10	
14	Sat	1:53	5.4	4:13	4.3	8:45	-0.5	8:46	2.9	6:00	8:11	
15	Sun	2:35	5.2	5:00	4.4	9:28	-0.4	9:43	2.9	5:59	8:12	
16	Mon	3:23	5.0	5:49	4.5	10:16	-0.2	10:53	2.8	5:58	8:13	
17	Tue	4:22	4.7	6:37	4.7	11:08	0.0			5:57	8:14	
18	Wed	5:33	4.4	7:22	5.0	12:09	2.5	12:04	0.3	5:56	8:15	
19	Thu	6:54	4.2	8:05	5.3	1:19	1.9	1:01	0.6	5:56	8:15	
20	Fri	8:17	4.1	8:46	5.7	2:20	1.2	1:56	0.9	5:55	8:16	
21	Sat	9:33	4.3	9:28	6.1	3:13	0.4	2:49	1.2	5:54	8:17	
22	Sun	10:41	4.5	10:10	6.5	4:04	-0.4	3:41	1.6	5:54	8:18	
23	Mon	11:43	4.7	10:54	6.7	4:53	-1.0	4:32	1.8	5:53	8:19	
24	Tue			12:40	4.8	5:41	-1.4	5:23	2.1	5:52	8:20	
25	Wed			1:35	5.0	6:29	-1.7	6:16	2.3	5:52	8:20	
26	Thu	12:27	6.8	2:28	5.0	7:18	-1.7	7:11	2.4	5:51	8:21	
27	Fri	1:16	6.5	3:20	5.0	8:07	-1.6	8:09	2.5	5:51	8:22	
28	Sat	2:07	6.2	4:12	5.0	8:56	-1.2	9:13	2.5	5:50	8:23	
29	Sun	3:00	5.6	5:04	5.1	9:47	-0.8	10:25	2.5	5:50	8:23	
30	Mon	3:58	5.0	5:56	5.1	10:39	-0.3	11:40	2.3	5:49	8:24	
31	Tue	5:03	4.5	6:46	5.2	11:32	0.3			5:49	8:25	