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# Alcatraz Island, CA - Sep 1994

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 10:22 | 4.5 | 9:04 | 5.8 | 3:18 | 0.5 | 3:13 | 2.8 | 6:39 | 7:39 | |
| 2 | Fri | 10:55 | 4.8 | 9:54 | 5.9 | 3:59 | 0.3 | 3:57 | 2.5 | 6:40 | 7:37 | |
| 3 | Sat | 11:26 | 5.0 | 10:43 | 6.1 | 4:36 | 0.1 | 4:38 | 2.1 | 6:41 | 7:36 | |
| 4 | Sun | 11:57 | 5.3 | 11:31 | 6.1 | 5:11 | 0.0 | 5:19 | 1.6 | 6:42 | 7:34 | |
| 5 | Mon | | | 12:28 | 5.6 | 5:47 | 0.1 | 6:02 | 1.2 | 6:43 | 7:33 | |
| 6 | Tue | 12:19 | 6.0 | 1:01 | 5.9 | 6:23 | 0.3 | 6:47 | 0.8 | 6:43 | 7:31 | |
| 7 | Wed | 1:10 | 5.8 | 1:36 | 6.1 | 7:01 | 0.6 | 7:35 | 0.5 | 6:44 | 7:30 | |
| 8 | Thu | 2:04 | 5.5 | 2:14 | 6.3 | 7:41 | 1.1 | 8:26 | 0.3 | 6:45 | 7:28 | |
| 9 | Fri | 3:02 | 5.2 | 2:57 | 6.3 | 8:25 | 1.6 | 9:23 | 0.2 | 6:46 | 7:27 | |
| 10 | Sat | 4:08 | 4.8 | 3:45 | 6.3 | 9:14 | 2.1 | 10:27 | 0.2 | 6:47 | 7:25 | |
| 11 | Sun | 5:24 | 4.5 | 4:42 | 6.2 | 10:14 | 2.6 | 11:39 | 0.3 | 6:48 | 7:24 | |
| 12 | Mon | 6:48 | 4.4 | 5:48 | 6.0 | 11:31 | 2.9 | | | 6:49 | 7:22 | |
| 13 | Tue | 8:07 | 4.6 | 7:00 | 5.9 | 12:55 | 0.2 | 12:57 | 2.9 | 6:49 | 7:21 | |
| 14 | Wed | 9:10 | 4.8 | 8:10 | 5.9 | 2:03 | 0.2 | 2:13 | 2.6 | 6:50 | 7:19 | |
| 15 | Thu | 10:00 | 5.1 | 9:13 | 5.9 | 3:02 | 0.1 | 3:15 | 2.3 | 6:51 | 7:18 | |
| 16 | Fri | 10:41 | 5.3 | 10:10 | 5.9 | 3:51 | 0.1 | 4:07 | 1.9 | 6:52 | 7:16 | |
| 17 | Sat | 11:18 | 5.5 | 11:01 | 5.8 | 4:34 | 0.2 | 4:54 | 1.5 | 6:53 | 7:14 | |
| 18 | Sun | 11:51 | 5.6 | 11:49 | 5.6 | 5:12 | 0.4 | 5:36 | 1.2 | 6:54 | 7:13 | |
| 19 | Mon | | | 12:21 | 5.7 | 5:47 | 0.7 | 6:14 | 1.0 | 6:54 | 7:11 | |
| 20 | Tue | 12:33 | 5.4 | 12:49 | 5.7 | 6:21 | 1.1 | 6:52 | 0.8 | 6:55 | 7:10 | |
| 21 | Wed | 1:17 | 5.2 | 1:16 | 5.7 | 6:54 | 1.4 | 7:28 | 0.7 | 6:56 | 7:08 | |
| 22 | Thu | 2:01 | 5.0 | 1:44 | 5.7 | 7:27 | 1.8 | 8:05 | 0.7 | 6:57 | 7:07 | |
| 23 | Fri | 2:46 | 4.7 | 2:14 | 5.6 | 8:01 | 2.2 | 8:45 | 0.7 | 6:58 | 7:05 | |
| 24 | Sat | 3:36 | 4.5 | 2:48 | 5.5 | 8:38 | 2.6 | 9:29 | 0.8 | 6:59 | 7:04 | |
| 25 | Sun | 4:33 | 4.2 | 3:28 | 5.3 | 9:22 | 2.9 | 10:21 | 0.9 | 7:00 | 7:02 | |
| 26 | Mon | 5:41 | 4.1 | 4:18 | 5.2 | 10:18 | 3.2 | 11:23 | 1.0 | 7:00 | 7:00 | |
| 27 | Tue | 6:57 | 4.1 | 5:19 | 5.1 | 11:36 | 3.3 | | | 7:01 | 6:59 | |
| 28 | Wed | 8:03 | 4.3 | 6:26 | 5.0 | 12:30 | 0.9 | 12:56 | 3.2 | 7:02 | 6:57 | |
| 29 | Thu | 8:51 | 4.5 | 7:34 | 5.1 | 1:32 | 0.8 | 2:00 | 2.9 | 7:03 | 6:56 | |
| 30 | Fri | 9:29 | 4.8 | 8:36 | 5.3 | 2:25 | 0.7 | 2:51 | 2.4 | 7:04 | 6:54 | |