

Alcatraz Island, CA - Nov 1994

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:20	6.2	10:18	5.1	2:50	1.2	3:43	-0.2	6:35	5:11	
2	Wed	9:58	6.6	11:15	5.2	3:34	1.5	4:29	-0.7	6:36	5:10	
3	Thu	10:39	6.8			4:19	1.8	5:15	-1.2	6:37	5:09	
4	Fri	12:11	5.3	11:22 AM	6.9	5:06	2.1	6:04	-1.4	6:38	5:08	
5	Sat	1:07	5.2	12:08	6.9	5:56	2.3	6:54	-1.3	6:39	5:07	
6	Sun	2:04	5.2	12:58	6.6	6:50	2.6	7:47	-1.1	6:40	5:06	
7	Mon	3:02	5.1	1:53	6.2	7:52	2.7	8:44	-0.7	6:41	5:05	
8	Tue	4:03	5.1	2:54	5.7	9:05	2.8	9:44	-0.3	6:42	5:04	
9	Wed	5:04	5.1	4:04	5.1	10:29	2.7	10:46	0.1	6:43	5:03	
10	Thu	6:03	5.3	5:21	4.7	11:51	2.3	11:48	0.5	6:44	5:02	
11	Fri	6:55	5.4	6:41	4.5			1:01	1.8	6:45	5:01	
12	Sat	7:40	5.6	7:55	4.4	12:45	0.9	1:59	1.3	6:46	5:00	
13	Sun	8:19	5.8	9:00	4.5	1:37	1.3	2:47	0.8	6:47	4:59	
14	Mon	8:54	5.9	9:57	4.6	2:22	1.6	3:29	0.4	6:49	4:59	
15	Tue	9:25	6.0	10:47	4.6	3:04	1.9	4:07	0.1	6:50	4:58	
16	Wed	9:54	6.0	11:32	4.7	3:42	2.2	4:41	-0.1	6:51	4:57	
17	Thu	10:23	6.0			4:19	2.5	5:13	-0.2	6:52	4:57	
18	Fri	12:14	4.7	10:53 AM	6.0	4:55	2.7	5:45	-0.3	6:53	4:56	
19	Sat	12:54	4.7	11:25 AM	5.9	5:31	2.9	6:17	-0.3	6:54	4:55	
20	Sun	1:34	4.6	11:59 AM	5.8	6:07	3.0	6:51	-0.3	6:55	4:55	
21	Mon	2:14	4.6	12:35	5.6	6:47	3.1	7:28	-0.2	6:56	4:54	
22	Tue	2:55	4.6	1:15	5.4	7:31	3.1	8:07	-0.1	6:57	4:54	
23	Wed	3:39	4.6	2:01	5.1	8:25	3.2	8:51	0.1	6:58	4:53	
24	Thu	4:24	4.7	2:56	4.8	9:31	3.0	9:40	0.3	6:59	4:53	
25	Fri	5:10	4.9	4:04	4.4	10:46	2.8	10:33	0.6	7:00	4:52	
26	Sat	5:54	5.1	5:25	4.2	11:57	2.2	11:29	1.0	7:01	4:52	
27	Sun	6:37	5.5	6:49	4.1			12:58	1.6	7:02	4:52	
28	Mon	7:18	5.9	8:08	4.3	12:26	1.3	1:51	0.8	7:03	4:51	
29	Tue	8:00	6.3	9:17	4.5	1:21	1.6	2:41	0.0	7:04	4:51	
30	Wed	8:42	6.6	10:19	4.8	2:13	1.9	3:28	-0.7	7:05	4:51	