

## Alcatraz Island, CA - Mar 1995

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Wed | 11:26 | 5.9 |       |     | 5:15  | 1.2  | 5:35  | -0.1 | 6:41                                                                                | 6:02 | ●                                                                                   |
| 2    | Thu | 12:16 | 5.6 | 12:12 | 5.6 | 5:59  | 1.0  | 6:11  | 0.3  | 6:39                                                                                | 6:03 | ●                                                                                   |
| 3    | Fri | 12:48 | 5.7 | 12:58 | 5.2 | 6:41  | 0.8  | 6:47  | 0.7  | 6:38                                                                                | 6:04 | ●                                                                                   |
| 4    | Sat | 1:19  | 5.6 | 1:45  | 4.8 | 7:24  | 0.8  | 7:23  | 1.2  | 6:36                                                                                | 6:05 | ●                                                                                   |
| 5    | Sun | 1:51  | 5.5 | 2:35  | 4.4 | 8:09  | 0.8  | 8:01  | 1.7  | 6:35                                                                                | 6:06 | ◐                                                                                   |
| 6    | Mon | 2:25  | 5.4 | 3:33  | 4.1 | 8:57  | 0.9  | 8:44  | 2.2  | 6:34                                                                                | 6:07 | ◐                                                                                   |
| 7    | Tue | 3:04  | 5.3 | 4:45  | 3.8 | 9:53  | 1.0  | 9:37  | 2.6  | 6:32                                                                                | 6:08 | ◐                                                                                   |
| 8    | Wed | 3:50  | 5.1 | 6:14  | 3.7 | 10:59 | 1.0  | 10:48 | 2.9  | 6:31                                                                                | 6:09 | ◐                                                                                   |
| 9    | Thu | 4:46  | 5.0 | 7:34  | 3.9 |       |      | 12:09 | 0.9  | 6:29                                                                                | 6:10 | ◐                                                                                   |
| 10   | Fri | 5:50  | 5.0 | 8:30  | 4.1 | 12:09 | 2.9  | 1:11  | 0.7  | 6:28                                                                                | 6:11 | ◐                                                                                   |
| 11   | Sat | 6:54  | 5.0 | 9:09  | 4.3 | 1:16  | 2.8  | 2:03  | 0.5  | 6:26                                                                                | 6:12 | ◐                                                                                   |
| 12   | Sun | 7:52  | 5.2 | 9:42  | 4.6 | 2:10  | 2.5  | 2:45  | 0.3  | 6:25                                                                                | 6:13 | ◐                                                                                   |
| 13   | Mon | 8:44  | 5.3 | 10:11 | 4.8 | 2:54  | 2.2  | 3:23  | 0.2  | 6:23                                                                                | 6:14 | ○                                                                                   |
| 14   | Tue | 9:33  | 5.5 | 10:41 | 5.1 | 3:34  | 1.8  | 3:57  | 0.1  | 6:22                                                                                | 6:15 | ○                                                                                   |
| 15   | Wed | 10:19 | 5.5 | 11:10 | 5.3 | 4:12  | 1.4  | 4:31  | 0.1  | 6:20                                                                                | 6:16 | ○                                                                                   |
| 16   | Thu | 11:06 | 5.5 | 11:41 | 5.6 | 4:50  | 0.9  | 5:06  | 0.3  | 6:19                                                                                | 6:17 | ○                                                                                   |
| 17   | Fri | 11:54 | 5.5 |       |     | 5:31  | 0.5  | 5:42  | 0.5  | 6:17                                                                                | 6:18 | ○                                                                                   |
| 18   | Sat | 12:14 | 5.8 | 12:44 | 5.3 | 6:14  | 0.1  | 6:19  | 0.9  | 6:16                                                                                | 6:19 | ○                                                                                   |
| 19   | Sun | 12:50 | 6.0 | 1:37  | 5.0 | 7:00  | -0.1 | 7:00  | 1.3  | 6:14                                                                                | 6:20 | ○                                                                                   |
| 20   | Mon | 1:29  | 6.1 | 2:37  | 4.7 | 7:51  | -0.2 | 7:46  | 1.7  | 6:13                                                                                | 6:21 | ○                                                                                   |
| 21   | Tue | 2:13  | 6.0 | 3:45  | 4.4 | 8:48  | -0.2 | 8:40  | 2.2  | 6:11                                                                                | 6:22 | ○                                                                                   |
| 22   | Wed | 3:05  | 5.9 | 5:03  | 4.2 | 9:53  | -0.1 | 9:49  | 2.5  | 6:10                                                                                | 6:23 | ○                                                                                   |
| 23   | Thu | 4:07  | 5.7 | 6:24  | 4.3 | 11:06 | -0.1 | 11:15 | 2.6  | 6:08                                                                                | 6:23 | ○                                                                                   |
| 24   | Fri | 5:19  | 5.5 | 7:34  | 4.5 |       |      | 12:19 | -0.1 | 6:07                                                                                | 6:24 | ◐                                                                                   |
| 25   | Sat | 6:34  | 5.4 | 8:29  | 4.8 | 12:40 | 2.5  | 1:25  | -0.1 | 6:05                                                                                | 6:25 | ◐                                                                                   |
| 26   | Sun | 7:45  | 5.4 | 9:15  | 5.1 | 1:50  | 2.0  | 2:20  | -0.1 | 6:04                                                                                | 6:26 | ◐                                                                                   |
| 27   | Mon | 8:47  | 5.4 | 9:54  | 5.4 | 2:47  | 1.6  | 3:08  | 0.0  | 6:02                                                                                | 6:27 | ◐                                                                                   |
| 28   | Tue | 9:43  | 5.4 | 10:30 | 5.5 | 3:37  | 1.1  | 3:50  | 0.1  | 6:00                                                                                | 6:28 | ◐                                                                                   |
| 29   | Wed | 10:35 | 5.3 | 11:03 | 5.6 | 4:21  | 0.7  | 4:28  | 0.4  | 5:59                                                                                | 6:29 | ◐                                                                                   |
| 30   | Thu | 11:23 | 5.2 | 11:33 | 5.7 | 5:03  | 0.4  | 5:05  | 0.7  | 5:57                                                                                | 6:30 | ◐                                                                                   |
| 31   | Fri |       |     | 12:09 | 5.0 | 5:41  | 0.2  | 5:41  | 1.1  | 5:56                                                                                | 6:31 | ●                                                                                   |