

Alcatraz Island, CA - May 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:50	5.6	2:35	4.4	7:32	-0.4	7:24	2.4	6:13	7:59	●
2	Tue	1:21	5.5	3:19	4.3	8:07	-0.3	8:03	2.6	6:12	8:00	●
3	Wed	1:55	5.4	4:05	4.3	8:44	-0.2	8:46	2.8	6:11	8:01	●
4	Thu	2:33	5.1	4:54	4.2	9:26	-0.1	9:39	2.9	6:10	8:02	◐
5	Fri	3:17	4.9	5:46	4.2	10:12	0.1	10:45	2.9	6:09	8:03	◐
6	Sat	4:09	4.6	6:38	4.3	11:03	0.3			6:08	8:04	◐
7	Sun	5:11	4.3	7:26	4.5	12:01	2.8	11:59 AM	0.4	6:07	8:05	◐
8	Mon	6:24	4.1	8:08	4.8	1:11	2.4	12:55	0.6	6:06	8:06	◑
9	Tue	7:40	4.1	8:47	5.1	2:09	1.9	1:48	0.7	6:05	8:07	◑
10	Wed	8:52	4.2	9:23	5.5	2:58	1.3	2:37	0.9	6:04	8:07	◑
11	Thu	9:58	4.4	10:00	5.8	3:43	0.6	3:24	1.1	6:03	8:08	○
12	Fri	10:58	4.6	10:38	6.2	4:26	-0.1	4:10	1.4	6:02	8:09	○
13	Sat	11:56	4.7	11:18	6.5	5:11	-0.7	4:56	1.6	6:01	8:10	○
14	Sun			12:51	4.9	5:56	-1.2	5:43	1.9	6:00	8:11	○
15	Mon	12:01	6.6	1:45	5.0	6:43	-1.5	6:33	2.1	5:59	8:12	○
16	Tue	12:47	6.6	2:40	5.0	7:32	-1.7	7:26	2.3	5:58	8:13	○
17	Wed	1:36	6.5	3:35	5.0	8:23	-1.6	8:25	2.4	5:57	8:14	○
18	Thu	2:28	6.2	4:31	5.0	9:16	-1.3	9:32	2.4	5:57	8:14	○
19	Fri	3:26	5.7	5:29	5.0	10:11	-0.9	10:49	2.4	5:56	8:15	○
20	Sat	4:30	5.2	6:26	5.2	11:10	-0.4			5:55	8:16	○
21	Sun	5:43	4.6	7:21	5.3	12:11	2.1	12:10	0.1	5:54	8:17	◐
22	Mon	7:03	4.3	8:10	5.5	1:27	1.7	1:09	0.5	5:54	8:18	◐
23	Tue	8:23	4.1	8:54	5.7	2:31	1.2	2:04	0.9	5:53	8:19	◐
24	Wed	9:35	4.1	9:34	5.8	3:26	0.7	2:55	1.3	5:53	8:19	◐
25	Thu	10:38	4.2	10:09	5.9	4:13	0.2	3:41	1.7	5:52	8:20	◑
26	Fri	11:33	4.3	10:42	5.9	4:55	-0.1	4:24	2.0	5:51	8:21	◑
27	Sat			12:22	4.4	5:32	-0.3	5:05	2.3	5:51	8:22	◑
28	Sun			1:06	4.5	6:06	-0.5	5:44	2.5	5:50	8:22	◑
29	Mon			1:47	4.5	6:39	-0.5	6:22	2.7	5:50	8:23	●
30	Tue	12:17	5.8	2:26	4.5	7:12	-0.6	7:00	2.8	5:49	8:24	●
31	Wed	12:51	5.7	3:04	4.5	7:45	-0.5	7:40	2.8	5:49	8:25	●