





## Alcatraz Island, CA - Aug 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:06	4.9	4:06	5.6	9:09	0.8	10:04	1.7	6:12	8:19	
2	Wed	4:05	4.5	4:47	5.8	9:51	1.3	11:08	1.4	6:13	8:18	
3	Thu	5:20	4.1	5:35	6.0	10:41	1.8			6:14	8:17	
4	Fri	6:50	3.9	6:30	6.2	12:19	1.0	11:42 AM	2.3	6:15	8:16	
5	Sat	8:21	4.0	7:29	6.4	1:29	0.6	12:53	2.6	6:16	8:14	
6	Sun	9:36	4.3	8:29	6.6	2:34	0.1	2:04	2.7	6:17	8:13	
7	Mon	10:34	4.7	9:27	6.8	3:31	-0.3	3:10	2.6	6:18	8:12	
8	Tue	11:23	5.0	10:23	6.9	4:22	-0.7	4:09	2.4	6:18	8:11	
9	Wed			12:07	5.3	5:10	-0.8	5:04	2.1	6:19	8:10	
10	Thu			12:48	5.5	5:55	-0.8	5:57	1.9	6:20	8:09	
11	Fri	12:09	6.7	1:28	5.7	6:38	-0.7	6:49	1.6	6:21	8:08	
12	Sat	1:00	6.4	2:07	5.8	7:19	-0.3	7:40	1.5	6:22	8:07	
13	Sun	1:51	5.9	2:45	5.9	8:00	0.1	8:33	1.4	6:23	8:05	
14	Mon	2:43	5.4	3:24	5.9	8:42	0.7	9:28	1.3	6:24	8:04	
15	Tue	3:39	4.9	4:04	5.8	9:25	1.3	10:27	1.3	6:24	8:03	
16	Wed	4:42	4.4	4:47	5.7	10:12	1.9	11:32	1.3	6:25	8:02	
17	Thu	5:59	4.1	5:35	5.6	11:08	2.4			6:26	8:00	
18	Fri	7:28	4.0	6:28	5.5	12:41	1.2	12:15	2.8	6:27	7:59	
19	Sat	8:50	4.1	7:25	5.6	1:47	1.1	1:25	3.0	6:28	7:58	
20	Sun	9:50	4.3	8:19	5.6	2:45	0.8	2:27	3.0	6:29	7:56	
21	Mon	10:35	4.5	9:10	5.7	3:33	0.6	3:19	2.8	6:30	7:55	
22	Tue	11:11	4.7	9:56	5.9	4:14	0.4	4:04	2.7	6:31	7:54	
23	Wed	11:42	4.8	10:39	5.9	4:49	0.3	4:43	2.5	6:31	7:52	
24	Thu			12:10	5.0	5:22	0.2	5:20	2.2	6:32	7:51	
25	Fri			12:38	5.2	5:52	0.2	5:56	2.0	6:33	7:49	
26	Sat	12:01	5.9	1:07	5.3	6:22	0.2	6:33	1.7	6:34	7:48	
27	Sun	12:43	5.8	1:36	5.5	6:53	0.4	7:12	1.5	6:35	7:47	
28	Mon	1:27	5.6	2:08	5.7	7:26	0.7	7:55	1.2	6:36	7:45	
29	Tue	2:14	5.3	2:42	5.8	8:02	1.0	8:43	1.0	6:36	7:44	
30	Wed	3:07	4.9	3:21	5.9	8:41	1.5	9:37	0.9	6:37	7:42	
31	Thu	4:10	4.6	4:06	6.0	9:26	2.0	10:39	0.7	6:38	7:41	