US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**5:26**	4.3	**4:59**	6.0	**10:22**	2.4	**11:51**	0.6	6:39	7:39	
2	Sat	**6:53**	4.2	**6:02**	6.0	**11:32**	2.8			6:40	7:38	
3	Sun	**8:15**	4.4	**7:11**	6.1	**1:05**	0.4	**12:54**	2.8	6:41	7:36	
4	Mon	**9:20**	4.7	**8:18**	6.2	**2:12**	0.1	**2:10**	2.7	6:42	7:35	
5	Tue	**10:11**	5.0	**9:21**	6.3	**3:11**	-0.1	**3:14**	2.3	6:42	7:33	
6	Wed	**10:55**	5.3	**10:19**	6.4	**4:02**	-0.2	**4:09**	1.9	6:43	7:32	
7	Thu	**11:35**	5.6	**11:13**	6.3	**4:47**	-0.2	**5:00**	1.5	6:44	7:30	
8	Fri			**12:12**	5.8	**5:30**	-0.1	**5:48**	1.2	6:45	7:29	
9	Sat	**12:04**	6.1	**12:48**	5.9	**6:10**	0.2	**6:34**	0.9	6:46	7:27	
10	Sun	**12:54**	5.9	**1:23**	6.0	**6:49**	0.6	**7:20**	0.8	6:47	7:26	
11	Mon	**1:44**	5.5	**1:58**	5.9	**7:28**	1.0	**8:05**	0.7	6:47	7:24	
12	Tue	**2:34**	5.2	**2:32**	5.8	**8:08**	1.5	**8:51**	0.8	6:48	7:23	
13	Wed	**3:27**	4.8	**3:09**	5.7	**8:50**	2.0	**9:41**	0.9	6:49	7:21	
14	Thu	**4:27**	4.5	**3:49**	5.5	**9:37**	2.5	**10:37**	1.0	6:50	7:19	
15	Fri	**5:37**	4.2	**4:37**	5.3	**10:34**	2.9	**11:42**	1.1	6:51	7:18	
16	Sat	**6:58**	4.2	**5:34**	5.2	**11:47**	3.1			6:52	7:16	
17	Sun	**8:12**	4.3	**6:37**	5.1	**12:50**	1.1	**1:03**	3.1	6:53	7:15	
18	Mon	**9:07**	4.4	**7:41**	5.1	**1:52**	1.0	**2:07**	2.9	6:53	7:13	
19	Tue	**9:48**	4.6	**8:39**	5.3	**2:44**	0.8	**2:59**	2.6	6:54	7:12	
20	Wed	**10:21**	4.8	**9:31**	5.4	**3:28**	0.7	**3:43**	2.3	6:55	7:10	
21	Thu	**10:50**	5.0	**10:19**	5.5	**4:05**	0.6	**4:21**	1.9	6:56	7:09	
22	Fri	**11:19**	5.3	**11:04**	5.6	**4:39**	0.6	**4:58**	1.5	6:57	7:07	
23	Sat	**11:47**	5.5	**11:50**	5.6	**5:12**	0.7	**5:34**	1.1	6:58	7:05	
24	Sun			**12:17**	5.7	**5:45**	0.8	**6:11**	0.8	6:59	7:04	
25	Mon	**12:36**	5.5	**12:49**	5.9	**6:19**	1.0	**6:51**	0.4	6:59	7:02	
26	Tue	**1:24**	5.4	**1:23**	6.1	**6:55**	1.4	**7:35**	0.2	7:00	7:01	
27	Wed	**2:16**	5.2	**2:00**	6.2	**7:35**	1.7	**8:23**	0.0	7:01	6:59	
28	Thu	**3:13**	4.9	**2:43**	6.2	**8:19**	2.1	**9:16**	0.0	7:02	6:58	
29	Fri	**4:17**	4.7	**3:33**	6.1	**9:10**	2.5	**10:17**	0.0	7:03	6:56	
30	Sat	**5:29**	4.5	**4:33**	5.9	**10:15**	2.8	**11:26**	0.1	7:04	6:55	