

































Alcatraz Island, CA - Oct 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:46	4.6	5:42	5.7	11:38	2.9			7:05	6:53	
2	Mon	7:56	4.8	6:58	5.6	12:39	0.2	1:04	2.7	7:06	6:52	
3	Tue	8:53	5.1	8:11	5.6	1:46	0.2	2:17	2.3	7:06	6:50	
4	Wed	9:40	5.4	9:17	5.6	2:44	0.2	3:16	1.8	7:07	6:49	
5	Thu	10:21	5.7	10:17	5.6	3:35	0.3	4:08	1.2	7:08	6:47	
6	Fri	10:59	5.9	11:12	5.6	4:20	0.5	4:55	0.8	7:09	6:46	
7	Sat	11:34	6.0			5:01	0.7	5:38	0.5	7:10	6:44	
8	Sun	12:03	5.5	12:07	6.1	5:40	1.1	6:19	0.2	7:11	6:43	
9	Mon	12:52	5.3	12:40	6.0	6:19	1.4	6:59	0.1	7:12	6:41	
10	Tue	1:41	5.1	1:11	6.0	6:57	1.8	7:38	0.1	7:13	6:40	
11	Wed	2:29	4.9	1:44	5.8	7:36	2.2	8:18	0.2	7:14	6:38	
12	Thu	3:19	4.7	2:18	5.6	8:18	2.6	9:01	0.3	7:15	6:37	
13	Fri	4:12	4.5	2:57	5.4	9:05	2.9	9:48	0.5	7:16	6:35	
14	Sat	5:12	4.4	3:43	5.1	10:02	3.1	10:43	0.7	7:17	6:34	
15	Sun	6:17	4.3	4:39	4.9	11:16	3.2	11:44	0.9	7:17	6:32	
16	Mon	7:20	4.4	5:45	4.7			12:35	3.1	7:18	6:31	
17	Tue	8:10	4.6	6:56	4.6	12:47	0.9	1:41	2.8	7:19	6:30	
18	Wed	8:50	4.8	8:03	4.7	1:43	0.9	2:33	2.4	7:20	6:28	
19	Thu	9:24	5.1	9:04	4.8	2:31	0.9	3:17	1.9	7:21	6:27	
20	Fri	9:55	5.3	9:59	4.9	3:13	1.0	3:57	1.4	7:22	6:26	
21	Sat	10:26	5.6	10:51	5.1	3:51	1.1	4:34	0.8	7:23	6:24	
22	Sun	10:58	5.9	11:41	5.2	4:29	1.2	5:12	0.3	7:24	6:23	
23	Mon	11:31	6.2			5:07	1.4	5:51	-0.2	7:25	6:22	
24	Tue	12:32	5.2	12:07	6.4	5:46	1.7	6:33	-0.6	7:26	6:20	
25	Wed	1:24	5.2	12:45	6.5	6:28	2.0	7:19	-0.8	7:27	6:19	
26	Thu	2:18	5.1	1:28	6.5	7:13	2.3	8:07	-0.9	7:28	6:18	
27	Fri	3:15	5.0	2:16	6.3	8:03	2.5	9:00	-0.8	7:29	6:17	
28	Sat	4:15	4.9	3:10	6.1	9:02	2.7	9:58	-0.5	7:30	6:16	
29	Sun	4:19	4.9	3:13	5.7	9:15	2.8	10:02	-0.2	6:31	5:14	
30	Mon	5:24	5.0	4:25	5.3	10:42	2.7	11:09	0.1	6:32	5:13	
31	Tue	6:25	5.2	5:45	5.0			12:05	2.3	6:33	5:12	