US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**7:18**	5.5	**7:03**	4.9	**12:13**	0.4	**1:15**	1.8	6:34	5:11	
2	Thu	**8:04**	5.7	**8:14**	4.9	**1:11**	0.6	**2:13**	1.2	6:36	5:10	
3	Fri	**8:45**	6.0	**9:17**	4.9	**2:03**	0.9	**3:03**	0.7	6:37	5:09	
4	Sat	**9:22**	6.1	**10:14**	5.0	**2:49**	1.2	**3:47**	0.2	6:38	5:08	
5	Sun	**9:57**	6.2	**11:05**	5.0	**3:32**	1.5	**4:28**	-0.1	6:39	5:07	
6	Mon	**10:29**	6.2	**11:53**	4.9	**4:12**	1.9	**5:05**	-0.3	6:40	5:06	
7	Tue	**11:01**	6.1			**4:52**	2.2	**5:41**	-0.3	6:41	5:05	
8	Wed	**12:39**	4.9	**11:32 AM**	6.0	**5:30**	2.5	**6:16**	-0.3	6:42	5:04	
9	Thu	**1:24**	4.8	**12:04**	5.8	**6:10**	2.7	**6:52**	-0.2	6:43	5:03	
10	Fri	**2:08**	4.7	**12:39**	5.6	**6:51**	2.9	**7:30**	-0.1	6:44	5:02	
11	Sat	**2:53**	4.6	**1:17**	5.4	**7:36**	3.1	**8:10**	0.1	6:45	5:01	
12	Sun	**3:40**	4.6	**2:00**	5.1	**8:29**	3.2	**8:55**	0.3	6:46	5:00	
13	Mon	**4:30**	4.5	**2:51**	4.8	**9:36**	3.2	**9:44**	0.6	6:47	5:00	
14	Tue	**5:19**	4.6	**3:53**	4.4	**10:51**	3.0	**10:38**	0.8	6:48	4:59	
15	Wed	**6:06**	4.8	**5:06**	4.2			**12:01**	2.7	6:49	4:58	
16	Thu	**6:47**	5.0	**6:23**	4.1			**12:59**	2.2	6:50	4:57	
17	Fri	**7:25**	5.3	**7:36**	4.2	**12:27**	1.2	**1:46**	1.6	6:51	4:57	
18	Sat	**8:01**	5.7	**8:41**	4.4	**1:16**	1.4	**2:29**	0.9	6:53	4:56	
19	Sun	**8:37**	6.0	**9:41**	4.6	**2:03**	1.6	**3:10**	0.2	6:54	4:55	
20	Mon	**9:14**	6.3	**10:36**	4.8	**2:48**	1.8	**3:51**	-0.4	6:55	4:55	
21	Tue	**9:53**	6.6	**11:29**	5.0	**3:32**	2.0	**4:34**	-0.9	6:56	4:54	
22	Wed	**10:34**	6.8			**4:18**	2.2	**5:18**	-1.2	6:57	4:54	
23	Thu	**12:21**	5.1	**11:19 AM**	6.9	**5:06**	2.4	**6:05**	-1.4	6:58	4:53	
24	Fri	**1:13**	5.2	**12:06**	6.8	**5:57**	2.5	**6:54**	-1.4	6:59	4:53	
25	Sat	**2:06**	5.2	**12:58**	6.5	**6:52**	2.6	**7:44**	-1.2	7:00	4:52	
26	Sun	**3:00**	5.2	**1:54**	6.1	**7:55**	2.6	**8:38**	-0.8	7:01	4:52	
27	Mon	**3:55**	5.3	**2:57**	5.5	**9:09**	2.6	**9:34**	-0.3	7:02	4:52	
28	Tue	**4:51**	5.4	**4:08**	5.0	**10:31**	2.3	**10:34**	0.2	7:03	4:51	
29	Wed	**5:46**	5.6	**5:29**	4.5	**11:52**	1.9	**11:35**	0.7	7:04	4:51	
30	Thu	**6:37**	5.8	**6:53**	4.3			**1:02**	1.4	7:05	4:51	