US HARBORS www.USHarbors.com

Alcatraz Island, CA - Feb 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:13**	5.9	**11:11**	4.7	**3:18**	2.7	**4:13**	-0.1	7:13	5:32	
2	Fri	**9:52**	5.9	**11:42**	4.8	**3:59**	2.6	**4:45**	-0.2	7:13	5:33	
3	Sat	**10:30**	5.9			**4:37**	2.5	**5:15**	-0.2	7:12	5:34	
4	Sun	**12:10**	4.9	**11:07 AM**	5.8	**5:13**	2.3	**5:44**	-0.2	7:11	5:35	
5	Mon	**12:38**	5.0	**11:44 AM**	5.7	**5:47**	2.2	**6:12**	-0.1	7:10	5:36	
6	Tue	**1:05**	5.1	**12:22**	5.5	**6:23**	2.0	**6:42**	0.1	7:09	5:38	
7	Wed	**1:34**	5.2	**1:01**	5.2	**7:01**	1.9	**7:13**	0.4	7:08	5:39	
8	Thu	**2:05**	5.3	**1:45**	4.9	**7:44**	1.7	**7:47**	0.7	7:07	5:40	
9	Fri	**2:39**	5.4	**2:37**	4.5	**8:33**	1.5	**8:25**	1.2	7:06	5:41	
10	Sat	**3:17**	5.5	**3:43**	4.1	**9:30**	1.3	**9:11**	1.7	7:05	5:42	
11	Sun	**4:02**	5.6	**5:09**	3.8	**10:38**	1.1	**10:07**	2.2	7:04	5:43	
12	Mon	**4:55**	5.7	**6:45**	3.8	**11:51**	0.7	**11:19**	2.5	7:03	5:44	
13	Tue	**5:56**	5.9	**8:07**	4.1			**1:01**	0.3	7:01	5:45	
14	Wed	**7:00**	6.1	**9:09**	4.5	**12:36**	2.7	**2:02**	-0.2	7:00	5:46	
15	Thu	**8:02**	6.3	**9:58**	4.8	**1:47**	2.6	**2:56**	-0.6	6:59	5:47	
16	Fri	**9:00**	6.5	**10:42**	5.2	**2:48**	2.3	**3:45**	-0.9	6:58	5:49	
17	Sat	**9:55**	6.6	**11:23**	5.4	**3:44**	1.9	**4:31**	-1.0	6:57	5:50	
18	Sun	**10:48**	6.6			**4:36**	1.6	**5:14**	-0.9	6:56	5:51	
19	Mon	**12:02**	5.7	**11:40 AM**	6.4	**5:27**	1.2	**5:57**	-0.6	6:54	5:52	
20	Tue	**12:41**	5.8	**12:31**	6.0	**6:17**	1.0	**6:38**	-0.2	6:53	5:53	
21	Wed	**1:20**	5.9	**1:23**	5.5	**7:08**	0.8	**7:20**	0.3	6:52	5:54	
22	Thu	**1:59**	5.9	**2:18**	5.0	**8:01**	0.8	**8:03**	0.9	6:50	5:55	
23	Fri	**2:39**	5.8	**3:19**	4.5	**8:57**	0.8	**8:49**	1.5	6:49	5:56	
24	Sat	**3:22**	5.7	**4:32**	4.1	**10:00**	0.9	**9:44**	2.1	6:48	5:57	
25	Sun	**4:10**	5.5	**5:59**	3.9	**11:09**	0.9	**10:52**	2.5	6:47	5:58	
26	Mon	**5:05**	5.3	**7:27**	4.0			**12:20**	0.8	6:45	5:59	
27	Tue	**6:05**	5.2	**8:34**	4.2	**12:08**	2.8	**1:24**	0.7	6:44	6:00	
28	Wed	**7:06**	5.2	**9:22**	4.4	**1:17**	2.8	**2:17**	0.5	6:42	6:01	
29	Thu	**8:01**	5.3	**9:59**	4.6	**2:13**	2.6	**3:02**	0.3	6:41	6:02	