US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:54	4.9	3:12	5.8	9:03	2.3	9:54	0.4	7:05	6:52	
2	Wed	5:00	4.6	3:59	5.5	10:02	2.7	10:54	0.6	7:06	6:50	
3	Thu	6:12	4.5	4:55	5.2	11:14	3.0			7:07	6:49	
4	Fri	7:25	4.5	5:59	4.9	12:00	0.8	12:32	3.0	7:08	6:47	
5	Sat	8:25	4.7	7:08	4.8	1:05	0.9	1:42	2.8	7:09	6:46	
6	Sun	9:12	4.8	8:12	4.9	2:04	0.9	2:38	2.5	7:10	6:44	
7	Mon	9:49	5.0	9:09	4.9	2:53	0.9	3:25	2.1	7:11	6:43	
8	Tue	10:19	5.1	9:59	5.0	3:34	0.9	4:06	1.7	7:12	6:41	
9	Wed	10:47	5.3	10:45	5.1	4:11	0.9	4:42	1.4	7:13	6:40	
10	Thu	11:14	5.5	11:29	5.1	4:44	1.1	5:16	1.0	7:13	6:39	
11	Fri	11:42	5.6			5:15	1.2	5:49	0.7	7:14	6:37	
12	Sat	12:13	5.1	12:10	5.8	5:47	1.4	6:22	0.4	7:15	6:36	
13	Sun	12:57	5.1	12:41	5.9	6:20	1.7	6:59	0.1	7:16	6:34	
14	Mon	1:43	5.0	1:14	6.0	6:55	2.0	7:38	-0.1	7:17	6:33	
15	Tue	2:32	4.9	1:51	6.0	7:34	2.3	8:23	-0.1	7:18	6:31	
16	Wed	3:26	4.7	2:33	5.9	8:18	2.5	9:13	-0.1	7:19	6:30	
17	Thu	4:27	4.6	3:23	5.7	9:11	2.8	10:10	-0.1	7:20	6:29	
18	Fri	5:34	4.6	4:23	5.5	10:20	3.0	11:15	0.1	7:21	6:27	
19	Sat	6:42	4.7	5:36	5.3	11:44	2.9			7:22	6:26	
20	Sun	7:43	4.9	6:54	5.2	12:23	0.2	1:08	2.6	7:23	6:25	
21	Mon	8:36	5.3	8:10	5.2	1:28	0.2	2:17	2.0	7:24	6:23	
22	Tue	9:21	5.6	9:19	5.3	2:26	0.3	3:15	1.4	7:25	6:22	
23	Wed	10:02	5.9	10:21	5.4	3:18	0.5	4:06	0.7	7:26	6:21	
24	Thu	10:41	6.2	11:19	5.4	4:06	0.7	4:53	0.2	7:27	6:20	
25	Fri	11:19	6.4			4:50	1.0	5:38	-0.2	7:28	6:18	
26	Sat	12:14	5.4	11:56 AM	6.4	5:34	1.4	6:22	-0.4	7:29	6:17	
27	Sun	1:07	5.3	11:33 AM	6.4	5:17	1.8	6:05	-0.5	6:30	5:16	
28	Mon	12:58	5.2	12:10	6.2	6:01	2.1	6:47	-0.5	6:31	5:15	
29	Tue	1:50	5.0	12:48	6.0	6:47	2.5	7:31	-0.3	6:32	5:14	
30	Wed	2:44	4.9	1:28	5.6	7:37	2.8	8:17	0.0	6:33	5:12	
31	Thu	3:40	4.7	2:13	5.3	8:35	3.0	9:07	0.3	6:34	5:11	