



## Alcatraz Island, CA - Dec 1996

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:40	4.8	3:15	4.5	10:13	2.9	9:58	0.7	7:06	4:50	☾
2	Mon	5:25	4.9	4:22	4.1	11:24	2.7	10:50	1.1	7:07	4:50	☾
3	Tue	6:08	5.0	5:39	3.9			12:28	2.3	7:08	4:50	☾
4	Wed	6:48	5.3	6:59	3.8			1:22	1.8	7:09	4:50	☾
5	Thu	7:26	5.5	8:11	3.9	12:36	1.6	2:08	1.2	7:10	4:50	☾
6	Fri	8:02	5.8	9:13	4.2	1:25	1.9	2:48	0.6	7:11	4:50	☾
7	Sat	8:39	6.1	10:08	4.4	2:11	2.1	3:26	0.1	7:12	4:50	☾
8	Sun	9:16	6.3	10:58	4.6	2:56	2.3	4:04	-0.4	7:13	4:50	☾
9	Mon	9:56	6.5	11:45	4.8	3:39	2.4	4:43	-0.8	7:13	4:50	☾
10	Tue	10:37	6.7			4:24	2.5	5:24	-1.1	7:14	4:50	☾
11	Wed	12:32	5.0	11:21 AM	6.7	5:11	2.6	6:08	-1.3	7:15	4:50	☾
12	Thu	1:18	5.1	12:07	6.6	6:00	2.6	6:53	-1.3	7:16	4:51	☾
13	Fri	2:05	5.2	12:58	6.3	6:55	2.6	7:40	-1.1	7:16	4:51	☾
14	Sat	2:54	5.3	1:53	5.9	7:56	2.5	8:30	-0.7	7:17	4:51	☾
15	Sun	3:44	5.4	2:55	5.3	9:06	2.4	9:23	-0.2	7:18	4:51	☾
16	Mon	4:35	5.6	4:08	4.8	10:25	2.1	10:20	0.4	7:18	4:52	☾
17	Tue	5:28	5.8	5:31	4.4	11:45	1.7	11:20	0.9	7:19	4:52	☾
18	Wed	6:20	6.0	6:59	4.2			12:57	1.1	7:20	4:53	☾
19	Thu	7:10	6.2	8:20	4.3	12:22	1.4	1:58	0.5	7:20	4:53	☾
20	Fri	7:57	6.4	9:28	4.5	1:21	1.8	2:51	0.0	7:21	4:53	☾
21	Sat	8:41	6.5	10:26	4.7	2:17	2.2	3:38	-0.3	7:21	4:54	☾
22	Sun	9:23	6.5	11:16	4.9	3:08	2.4	4:19	-0.6	7:22	4:54	☾
23	Mon	10:03	6.4			3:56	2.6	4:58	-0.7	7:22	4:55	☾
24	Tue	12:01	5.0	10:41 AM	6.3	4:41	2.7	5:34	-0.7	7:23	4:56	☾
25	Wed	12:42	5.0	11:17 AM	6.1	5:24	2.7	6:08	-0.6	7:23	4:56	☾
26	Thu	1:20	5.0	11:54 AM	5.9	6:06	2.8	6:42	-0.5	7:23	4:57	☾
27	Fri	1:56	5.0	12:30	5.7	6:48	2.8	7:16	-0.3	7:24	4:57	☾
28	Sat	2:30	5.0	1:08	5.3	7:32	2.8	7:50	0.0	7:24	4:58	☾
29	Sun	3:04	5.0	1:50	4.9	8:21	2.7	8:26	0.3	7:24	4:59	☾
30	Mon	3:40	5.0	2:37	4.5	9:16	2.6	9:05	0.7	7:24	5:00	☾

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>4:19</b>	5.1	<b>3:35</b>	4.1	<b>10:20</b>	2.5	<b>9:52</b>	1.1	7:25	5:00	