
































Alcatraz Island, CA - Apr 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:26	5.1	7:42	4.4			12:21	0.0	5:54	6:32	
2	Wed	6:41	5.2	8:31	4.8	12:47	2.5	1:24	-0.2	5:52	6:33	
3	Thu	7:51	5.4	9:14	5.2	1:52	2.0	2:18	-0.3	5:51	6:34	
4	Fri	8:55	5.5	9:54	5.5	2:47	1.3	3:08	-0.3	5:49	6:35	
5	Sat	9:54	5.6	10:32	5.8	3:38	0.7	3:54	-0.1	5:48	6:36	
6	Sun	11:50	5.6			5:27	0.2	5:38	0.1	6:46	7:37	
7	Mon	12:10	6.1	12:45	5.5	6:15	-0.3	6:22	0.5	6:45	7:38	
8	Tue	12:49	6.2	1:40	5.3	7:02	-0.5	7:06	1.0	6:43	7:39	
9	Wed	1:28	6.2	2:35	5.1	7:50	-0.6	7:52	1.4	6:42	7:40	
10	Thu	2:08	6.0	3:33	4.8	8:39	-0.6	8:41	1.9	6:40	7:40	
11	Fri	2:50	5.8	4:35	4.6	9:31	-0.4	9:37	2.3	6:39	7:41	
12	Sat	3:37	5.4	5:44	4.4	10:27	-0.1	10:45	2.6	6:37	7:42	
13	Sun	4:29	5.0	6:56	4.4	11:29	0.2			6:36	7:43	
14	Mon	5:31	4.7	8:02	4.5	12:04	2.7	12:35	0.4	6:35	7:44	
15	Tue	6:41	4.5	8:54	4.6	1:20	2.6	1:37	0.5	6:33	7:45	
16	Wed	7:51	4.4	9:35	4.8	2:24	2.3	2:32	0.6	6:32	7:46	
17	Thu	8:55	4.4	10:09	4.9	3:16	1.9	3:17	0.7	6:30	7:47	
18	Fri	9:50	4.5	10:38	5.1	3:59	1.5	3:57	0.8	6:29	7:48	
19	Sat	10:38	4.6	11:05	5.2	4:37	1.1	4:32	0.9	6:28	7:49	
20	Sun	11:24	4.6	11:31	5.4	5:12	0.7	5:05	1.1	6:26	7:50	
21	Mon			12:07	4.6	5:45	0.4	5:36	1.3	6:25	7:51	
22	Tue			12:50	4.6	6:17	0.1	6:08	1.5	6:24	7:51	
23	Wed	12:28	5.6	1:34	4.6	6:51	-0.2	6:42	1.8	6:22	7:52	
24	Thu	12:59	5.7	2:20	4.6	7:27	-0.4	7:18	2.0	6:21	7:53	
25	Fri	1:32	5.7	3:10	4.5	8:06	-0.5	7:59	2.3	6:20	7:54	
26	Sat	2:10	5.6	4:04	4.4	8:51	-0.6	8:46	2.5	6:19	7:55	
27	Sun	2:54	5.5	5:04	4.4	9:41	-0.5	9:45	2.7	6:17	7:56	
28	Mon	3:46	5.3	6:08	4.4	10:38	-0.4	11:01	2.8	6:16	7:57	
29	Tue	4:51	5.0	7:10	4.6	11:41	-0.3			6:15	7:58	
30	Wed	6:06	4.8	8:05	4.9	12:26	2.5	12:46	-0.1	6:14	7:59	