US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:50**	4.4	**9:43**	6.3	**3:32**	0.3	**3:05**	1.2	5:48	8:26	
2	Mon	**10:56**	4.5	**10:25**	6.5	**4:22**	-0.3	**3:56**	1.6	5:48	8:26	
3	Tue	**11:54**	4.7	**11:05**	6.5	**5:08**	-0.7	**4:45**	1.9	5:48	8:27	
4	Wed			**12:48**	4.8	**5:52**	-0.9	**5:33**	2.2	5:48	8:28	
5	Thu			**1:38**	4.9	**6:35**	-1.1	**6:21**	2.4	5:47	8:28	
6	Fri	**12:25**	6.3	**2:26**	4.9	**7:16**	-1.0	**7:09**	2.6	5:47	8:29	
7	Sat	**1:05**	6.0	**3:12**	4.9	**7:56**	-0.9	**7:59**	2.7	5:47	8:29	
8	Sun	**1:45**	5.7	**3:57**	4.8	**8:36**	-0.7	**8:51**	2.8	5:47	8:30	
9	Mon	**2:26**	5.3	**4:41**	4.8	**9:17**	-0.4	**9:48**	2.8	5:47	8:30	
10	Tue	**3:11**	4.9	**5:26**	4.8	**10:00**	0.0	**10:53**	2.7	5:47	8:31	
11	Wed	**4:01**	4.5	**6:09**	4.8	**10:45**	0.4			5:46	8:31	
12	Thu	**5:01**	4.1	**6:51**	5.0	**12:02**	2.5	**11:34 AM**	0.8	5:46	8:32	
13	Fri	**6:14**	3.8	**7:32**	5.1	**1:07**	2.2	**12:25**	1.1	5:46	8:32	
14	Sat	**7:34**	3.6	**8:10**	5.4	**2:05**	1.8	**1:16**	1.5	5:46	8:33	
15	Sun	**8:51**	3.7	**8:47**	5.6	**2:54**	1.3	**2:06**	1.8	5:46	8:33	
16	Mon	**9:58**	3.8	**9:24**	5.8	**3:37**	0.8	**2:53**	2.0	5:47	8:33	
17	Tue	**10:55**	4.1	**10:01**	6.1	**4:16**	0.3	**3:38**	2.3	5:47	8:34	
18	Wed	**11:46**	4.3	**10:40**	6.3	**4:54**	-0.2	**4:22**	2.4	5:47	8:34	
19	Thu			**12:33**	4.5	**5:32**	-0.6	**5:06**	2.5	5:47	8:34	
20	Fri			**1:18**	4.7	**6:11**	-1.0	**5:51**	2.6	5:47	8:34	
21	Sat	**12:02**	6.5	**2:03**	4.9	**6:52**	-1.2	**6:39**	2.6	5:47	8:35	
22	Sun	**12:47**	6.5	**2:47**	5.0	**7:35**	-1.3	**7:31**	2.6	5:48	8:35	
23	Mon	**1:35**	6.3	**3:32**	5.2	**8:19**	-1.2	**8:27**	2.5	5:48	8:35	
24	Tue	**2:26**	6.0	**4:19**	5.3	**9:06**	-0.9	**9:31**	2.4	5:48	8:35	
25	Wed	**3:24**	5.5	**5:07**	5.5	**9:56**	-0.5	**10:43**	2.2	5:48	8:35	
26	Thu	**4:29**	5.0	**5:57**	5.7	**10:48**	0.0			5:49	8:35	
27	Fri	**5:45**	4.5	**6:48**	5.9	**12:01**	1.8	**11:44 AM**	0.6	5:49	8:35	
28	Sat	**7:10**	4.2	**7:38**	6.1	**1:16**	1.3	**12:44**	1.1	5:50	8:35	
29	Sun	**8:36**	4.1	**8:28**	6.4	**2:22**	0.7	**1:44**	1.6	5:50	8:35	
30	Mon	**9:53**	4.3	**9:15**	6.5	**3:21**	0.2	**2:43**	2.0	5:50	8:35	