US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:50	5.2	6:05	0.3	6:13	1.9	6:39	7:39	
2	Tue	12:16	5.7	1:16	5.3	6:35	0.5	6:48	1.7	6:40	7:37	
3	Wed	12:53	5.5	1:42	5.3	7:04	0.7	7:22	1.6	6:41	7:36	
4	Thu	1:31	5.3	2:09	5.4	7:33	1.0	7:58	1.5	6:42	7:34	
5	Fri	2:11	5.0	2:38	5.4	8:03	1.4	8:37	1.4	6:43	7:33	
6	Sat	2:55	4.7	3:10	5.4	8:36	1.7	9:21	1.3	6:44	7:31	
7	Sun	3:47	4.4	3:47	5.4	9:13	2.1	10:13	1.3	6:45	7:30	
8	Mon	4:50	4.2	4:32	5.4	9:58	2.5	11:14	1.2	6:45	7:28	
9	Tue	6:10	4.0	5:27	5.4	10:58	2.8			6:46	7:26	
10	Wed	7:34	4.1	6:29	5.5	12:22	1.0	12:14	3.0	6:47	7:25	
11	Thu	8:44	4.3	7:35	5.7	1:30	0.7	1:30	2.9	6:48	7:23	
12	Fri	9:37	4.7	8:37	5.9	2:29	0.3	2:34	2.7	6:49	7:22	
13	Sat	10:21	5.0	9:36	6.2	3:22	0.0	3:29	2.2	6:50	7:20	
14	Sun	11:01	5.3	10:33	6.4	4:10	-0.2	4:20	1.7	6:50	7:19	
15	Mon	11:40	5.6	11:27	6.4	4:55	-0.3	5:09	1.2	6:51	7:17	
16	Tue			12:18	5.9	5:39	-0.2	5:58	0.8	6:52	7:16	
17	Wed	12:22	6.3	12:57	6.2	6:22	0.1	6:48	0.4	6:53	7:14	
18	Thu	1:17	6.1	1:37	6.3	7:06	0.5	7:40	0.2	6:54	7:12	
19	Fri	2:14	5.8	2:19	6.4	7:51	1.0	8:34	0.1	6:55	7:11	
20	Sat	3:14	5.4	3:04	6.3	8:40	1.5	9:32	0.2	6:56	7:09	
21	Sun	4:20	5.0	3:54	6.1	9:35	2.1	10:36	0.3	6:56	7:08	
22	Mon	5:34	4.7	4:50	5.8	10:40	2.5	11:46	0.5	6:57	7:06	
23	Tue	6:54	4.6	5:53	5.5	11:58	2.8			6:58	7:05	
24	Wed	8:08	4.7	7:01	5.4	12:58	0.5	1:17	2.8	6:59	7:03	
25	Thu	9:09	4.9	8:08	5.3	2:03	0.6	2:23	2.6	7:00	7:02	
26	Fri	9:56	5.1	9:07	5.3	2:58	0.5	3:18	2.3	7:01	7:00	
27	Sat	10:34	5.2	9:58	5.4	3:44	0.6	4:04	2.0	7:02	6:58	
28	Sun	11:07	5.3	10:44	5.4	4:23	0.6	4:44	1.7	7:02	6:57	
29	Mon	11:35	5.4	11:25	5.3	4:57	0.7	5:20	1.4	7:03	6:55	
30	Tue			12:01	5.4	5:29	0.9	5:53	1.2	7:04	6:54	