US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:05	5.2	12:26	5.5	5:58	1.1	6:25	1.0	7:05	6:52	
2	Thu	12:45	5.1	12:52	5.5	6:28	1.4	6:57	0.8	7:06	6:51	
3	Fri	1:25	5.0	1:19	5.6	6:57	1.7	7:31	0.7	7:07	6:49	
4	Sat	2:07	4.8	1:49	5.6	7:29	2.0	8:08	0.6	7:08	6:48	
5	Sun	2:53	4.7	2:22	5.6	8:03	2.3	8:49	0.5	7:09	6:46	
6	Mon	3:46	4.5	3:00	5.5	8:43	2.6	9:38	0.5	7:10	6:45	
7	Tue	4:47	4.3	3:47	5.4	9:33	2.9	10:35	0.5	7:10	6:43	
8	Wed	5:58	4.3	4:46	5.3	10:40	3.1	11:40	0.5	7:11	6:42	
9	Thu	7:10	4.4	5:55	5.2			12:03	3.1	7:12	6:40	
10	Fri	8:11	4.7	7:10	5.3	12:48	0.4	1:22	2.8	7:13	6:39	
11	Sat	9:00	5.0	8:21	5.4	1:51	0.3	2:26	2.3	7:14	6:37	
12	Sun	9:42	5.4	9:26	5.6	2:46	0.2	3:21	1.6	7:15	6:36	
13	Mon	10:22	5.7	10:26	5.7	3:36	0.2	4:11	1.0	7:16	6:35	
14	Tue	11:01	6.1	11:24	5.8	4:23	0.3	4:59	0.4	7:17	6:33	
15	Wed	11:39	6.4			5:08	0.5	5:47	-0.1	7:18	6:32	
16	Thu	12:20	5.8	12:18	6.5	5:53	0.9	6:35	-0.5	7:19	6:30	
17	Fri	1:16	5.6	12:59	6.6	6:38	1.3	7:23	-0.6	7:20	6:29	
18	Sat	2:13	5.4	1:41	6.5	7:26	1.8	8:14	-0.6	7:21	6:28	
19	Sun	3:11	5.2	2:26	6.2	8:17	2.2	9:06	-0.4	7:22	6:26	
20	Mon	4:13	5.0	3:14	5.9	9:14	2.6	10:03	-0.1	7:23	6:25	
21	Tue	5:20	4.9	4:09	5.5	10:23	2.8	11:05	0.2	7:24	6:24	
22	Wed	6:30	4.8	5:12	5.1	11:43	2.9			7:25	6:22	
23	Thu	7:34	4.9	6:23	4.8	12:11	0.5	1:01	2.7	7:26	6:21	
24	Fri	8:29	5.0	7:35	4.6	1:14	0.7	2:06	2.4	7:27	6:20	
25	Sat	9:12	5.2	8:41	4.6	2:10	0.8	3:00	2.0	7:28	6:19	
26	Sun	8:48	5.3	8:38	4.7	1:58	0.9	2:45	1.6	6:29	5:17	
27	Mon	9:18	5.4	9:28	4.7	2:39	1.1	3:24	1.2	6:30	5:16	
28	Tue	9:46	5.6	10:14	4.8	3:15	1.3	3:59	0.8	6:31	5:15	
29	Wed	10:12	5.7	10:57	4.8	3:49	1.5	4:32	0.5	6:32	5:14	
30	Thu	10:39	5.8	11:39	4.8	4:21	1.7	5:04	0.3	6:33	5:13	
31	Fri	11:07	5.8			4:52	2.0	5:35	0.1	6:34	5:12	