

































## Alcatraz Island, CA - Dec 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:59	4.8	11:43 AM	6.2	5:38	2.7	6:29	-0.8	7:06	4:51	
2	Tue	1:44	4.9	12:24	6.1	6:21	2.8	7:10	-0.8	7:07	4:50	
3	Wed	2:30	4.9	1:08	5.9	7:10	2.9	7:55	-0.7	7:08	4:50	
4	Thu	3:18	5.0	1:59	5.5	8:07	2.9	8:44	-0.4	7:09	4:50	
5	Fri	4:08	5.1	3:00	5.1	9:17	2.8	9:38	-0.1	7:10	4:50	
6	Sat	5:00	5.2	4:13	4.7	10:36	2.5	10:36	0.3	7:11	4:50	
7	Sun	5:51	5.5	5:37	4.4	11:55	2.0	11:37	0.7	7:12	4:50	
8	Mon	6:41	5.8	7:02	4.3			1:04	1.3	7:12	4:50	
9	Tue	7:28	6.2	8:21	4.4	12:37	1.1	2:03	0.6	7:13	4:50	
10	Wed	8:13	6.5	9:29	4.7	1:34	1.5	2:55	-0.1	7:14	4:50	
11	Thu	8:57	6.7	10:29	4.9	2:28	1.8	3:43	-0.6	7:15	4:50	
12	Fri	9:40	6.8	11:24	5.0	3:20	2.1	4:28	-0.9	7:16	4:51	
13	Sat	10:23	6.8			4:10	2.3	5:12	-1.1	7:16	4:51	
14	Sun	12:14	5.2	11:05 AM	6.7	4:59	2.5	5:54	-1.1	7:17	4:51	
15	Mon	1:02	5.2	11:47 AM	6.4	5:48	2.6	6:36	-1.0	7:18	4:51	
16	Tue	1:48	5.2	12:29	6.1	6:38	2.7	7:17	-0.7	7:18	4:52	
17	Wed	2:33	5.1	1:12	5.7	7:30	2.8	7:58	-0.4	7:19	4:52	
18	Thu	3:18	5.1	1:56	5.2	8:26	2.8	8:41	0.0	7:20	4:52	
19	Fri	4:02	5.1	2:46	4.7	9:29	2.8	9:25	0.5	7:20	4:53	
20	Sat	4:46	5.1	3:46	4.2	10:38	2.6	10:13	0.9	7:21	4:53	
21	Sun	5:30	5.1	4:58	3.9	11:48	2.3	11:06	1.4	7:21	4:54	
22	Mon	6:12	5.3	6:23	3.7			12:50	1.9	7:22	4:54	
23	Tue	6:53	5.4	7:45	3.7	12:00	1.8	1:43	1.4	7:22	4:55	
24	Wed	7:32	5.6	8:54	3.9	12:54	2.1	2:28	0.9	7:23	4:55	
25	Thu	8:10	5.9	9:50	4.2	1:44	2.3	3:08	0.4	7:23	4:56	
26	Fri	8:48	6.1	10:37	4.4	2:30	2.5	3:44	0.0	7:23	4:57	
27	Sat	9:26	6.2	11:20	4.6	3:14	2.6	4:20	-0.4	7:24	4:57	
28	Sun	10:05	6.4			3:55	2.7	4:56	-0.7	7:24	4:58	
29	Mon	12:01	4.8	10:45 AM	6.5	4:37	2.7	5:33	-0.9	7:24	4:59	
30	Tue	12:42	5.0	11:27 AM	6.5	5:21	2.7	6:12	-1.0	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Wed	<b>1:22</b>	5.1	<b>12:11</b>	6.3	<b>6:07</b>	2.6	<b>6:55</b>	-1.1	7:25	5:00	