










Alcatraz Island, CA - May 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:41	5.5	6:00	4.7	10:36	-0.5	11:08	2.7	6:13	8:00	
2	Sat	4:41	5.0	7:06	4.7	11:39	-0.2			6:12	8:00	
3	Sun	5:50	4.6	8:04	4.9	12:29	2.6	12:43	0.1	6:11	8:01	
4	Mon	7:04	4.3	8:53	5.0	1:42	2.3	1:42	0.4	6:10	8:02	
5	Tue	8:17	4.2	9:32	5.1	2:43	1.8	2:34	0.6	6:08	8:03	
6	Wed	9:21	4.2	10:06	5.3	3:33	1.4	3:20	0.8	6:07	8:04	
7	Thu	10:17	4.3	10:35	5.4	4:15	1.0	3:59	1.1	6:06	8:05	
8	Fri	11:07	4.3	11:02	5.5	4:53	0.6	4:35	1.3	6:05	8:06	
9	Sat	11:53	4.4	11:29	5.5	5:27	0.3	5:09	1.6	6:04	8:07	
10	Sun			12:36	4.4	6:00	0.0	5:42	1.9	6:03	8:08	
11	Mon			1:19	4.4	6:31	-0.2	6:15	2.1	6:02	8:09	
12	Tue	12:25	5.7	2:01	4.4	7:04	-0.4	6:49	2.4	6:02	8:09	
13	Wed	12:56	5.6	2:45	4.4	7:38	-0.5	7:26	2.6	6:01	8:10	
14	Thu	1:30	5.6	3:32	4.4	8:15	-0.6	8:07	2.8	6:00	8:11	
15	Fri	2:08	5.5	4:22	4.4	8:57	-0.6	8:56	2.9	5:59	8:12	
16	Sat	2:51	5.3	5:16	4.4	9:44	-0.5	9:58	3.0	5:58	8:13	
17	Sun	3:43	5.0	6:11	4.6	10:37	-0.4	11:13	2.9	5:57	8:14	
18	Mon	4:46	4.7	7:04	4.8	11:35	-0.2			5:56	8:15	
19	Tue	6:02	4.5	7:52	5.1	12:33	2.5	12:35	0.0	5:56	8:16	
20	Wed	7:24	4.4	8:37	5.4	1:44	1.9	1:34	0.3	5:55	8:16	
21	Thu	8:42	4.4	9:19	5.8	2:43	1.2	2:29	0.5	5:54	8:17	
22	Fri	9:53	4.6	10:00	6.2	3:37	0.5	3:21	0.8	5:54	8:18	
23	Sat	10:58	4.7	10:41	6.5	4:26	-0.3	4:11	1.1	5:53	8:19	
24	Sun	11:59	4.9	11:22	6.6	5:15	-0.8	5:00	1.5	5:52	8:20	
25	Mon			12:56	5.0	6:02	-1.2	5:50	1.8	5:52	8:20	
26	Tue	12:05	6.7	1:51	5.0	6:49	-1.4	6:40	2.1	5:51	8:21	
27	Wed	12:49	6.6	2:46	5.0	7:37	-1.4	7:33	2.4	5:51	8:22	
28	Thu	1:35	6.3	3:40	5.0	8:24	-1.3	8:31	2.6	5:50	8:23	
29	Fri	2:22	5.9	4:34	5.0	9:13	-1.0	9:34	2.7	5:50	8:23	
30	Sat	3:12	5.4	5:29	5.0	10:04	-0.6	10:45	2.7	5:49	8:24	
31	Sun	4:07	4.9	6:23	5.0	10:57	-0.1			5:49	8:25	