US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:39	4.0	6:56	5.3	12:24	2.2	11:50 AM	1.2	5:51	8:35	
2	Thu	6:59	3.7	7:37	5.4	1:28	1.9	12:43	1.6	5:51	8:35	
3	Fri	8:24	3.6	8:16	5.6	2:25	1.4	1:36	2.0	5:52	8:35	
4	Sat	9:39	3.8	8:55	5.8	3:14	1.0	2:27	2.3	5:52	8:35	
5	Sun	10:39	4.0	9:33	6.0	3:56	0.6	3:14	2.5	5:53	8:35	
6	Mon	11:29	4.2	10:11	6.1	4:35	0.2	3:59	2.7	5:53	8:34	
7	Tue			12:12	4.4	5:11	-0.2	4:41	2.8	5:54	8:34	
8	Wed			12:52	4.6	5:46	-0.5	5:22	2.8	5:55	8:34	
9	Thu			1:31	4.8	6:22	-0.7	6:04	2.8	5:55	8:34	
10	Fri	12:10	6.4	2:09	4.9	6:59	-0.9	6:48	2.7	5:56	8:33	
11	Sat	12:53	6.3	2:48	5.1	7:38	-0.9	7:36	2.6	5:56	8:33	
12	Sun	1:38	6.1	3:28	5.2	8:18	-0.8	8:28	2.5	5:57	8:32	
13	Mon	2:27	5.8	4:09	5.4	9:01	-0.5	9:28	2.3	5:58	8:32	
14	Tue	3:22	5.3	4:53	5.6	9:47	-0.1	10:35	2.1	5:59	8:32	
15	Wed	4:26	4.8	5:40	5.8	10:36	0.4	11:49	1.7	5:59	8:31	
16	Thu	5:44	4.4	6:29	6.0	11:31	1.0			6:00	8:31	
17	Fri	7:13	4.1	7:21	6.3	1:04	1.2	12:31	1.6	6:01	8:30	
18	Sat	8:41	4.2	8:13	6.5	2:12	0.6	1:35	2.0	6:01	8:29	
19	Sun	9:57	4.4	9:05	6.7	3:12	0.1	2:37	2.3	6:02	8:29	
20	Mon	11:00	4.7	9:55	6.8	4:05	-0.4	3:37	2.5	6:03	8:28	
21	Tue	11:53	4.9	10:43	6.8	4:54	-0.7	4:32	2.5	6:04	8:27	
22	Wed			12:41	5.1	5:39	-0.8	5:24	2.5	6:04	8:27	
23	Thu			1:24	5.2	6:21	-0.8	6:13	2.5	6:05	8:26	
24	Fri	12:15	6.5	2:05	5.3	7:01	-0.7	7:01	2.5	6:06	8:25	
25	Sat	12:58	6.2	2:43	5.3	7:39	-0.5	7:48	2.4	6:07	8:24	
26	Sun	1:40	5.8	3:19	5.3	8:17	-0.2	8:36	2.4	6:08	8:24	
27	Mon	2:23	5.4	3:55	5.2	8:54	0.2	9:27	2.3	6:09	8:23	
28	Tue	3:09	5.0	4:31	5.2	9:31	0.7	10:23	2.2	6:09	8:22	
29	Wed	4:00	4.5	5:08	5.3	10:11	1.2	11:25	2.1	6:10	8:21	
30	Thu	5:02	4.1	5:49	5.3	10:56	1.7			6:11	8:20	
31	Fri	6:21	3.8	6:34	5.4	12:31	1.9	11:48 AM	2.2	6:12	8:19	