



































Alcatraz Island, CA - Dec 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:12	6.7	10:33	5.0	2:43	1.5	3:49	-0.6	7:06	4:51	
2	Wed	9:54	6.9	11:30	5.2	3:33	1.8	4:36	-1.1	7:07	4:50	
3	Thu	10:38	7.0			4:22	2.0	5:23	-1.4	7:08	4:50	
4	Fri	12:25	5.3	11:23 AM	7.0	5:13	2.3	6:11	-1.4	7:09	4:50	
5	Sat	1:19	5.3	12:10	6.7	6:06	2.5	6:59	-1.3	7:10	4:50	
6	Sun	2:12	5.3	12:58	6.4	7:02	2.6	7:48	-1.0	7:11	4:50	
7	Mon	3:05	5.3	1:49	5.9	8:04	2.8	8:38	-0.6	7:11	4:50	
8	Tue	3:59	5.3	2:45	5.3	9:13	2.8	9:31	-0.1	7:12	4:50	
9	Wed	4:54	5.3	3:49	4.7	10:30	2.6	10:26	0.4	7:13	4:50	
10	Thu	5:46	5.3	5:02	4.3	11:45	2.3	11:23	0.9	7:14	4:50	
11	Fri	6:35	5.4	6:24	4.0			12:51	1.9	7:15	4:50	
12	Sat	7:17	5.5	7:43	4.0	12:20	1.3	1:48	1.4	7:15	4:51	
13	Sun	7:55	5.7	8:51	4.1	1:12	1.7	2:35	1.0	7:16	4:51	
14	Mon	8:29	5.8	9:48	4.2	1:59	2.0	3:16	0.6	7:17	4:51	
15	Tue	9:02	5.9	10:37	4.4	2:43	2.3	3:53	0.2	7:18	4:51	
16	Wed	9:34	6.0	11:21	4.5	3:23	2.5	4:27	-0.1	7:18	4:52	
17	Thu	10:06	6.1			4:01	2.7	4:59	-0.3	7:19	4:52	
18	Fri	12:01	4.6	10:39 AM	6.1	4:38	2.8	5:31	-0.5	7:19	4:52	
19	Sat	12:39	4.7	11:14 AM	6.1	5:14	2.9	6:04	-0.6	7:20	4:53	
20	Sun	1:17	4.8	11:50 AM	6.0	5:52	3.0	6:39	-0.6	7:21	4:53	
21	Mon	1:55	4.8	12:29	5.9	6:33	3.0	7:16	-0.6	7:21	4:54	
22	Tue	2:35	4.9	1:11	5.6	7:19	3.0	7:57	-0.5	7:22	4:54	
23	Wed	3:17	5.0	1:59	5.3	8:13	2.9	8:41	-0.2	7:22	4:55	
24	Thu	4:01	5.1	2:56	4.9	9:18	2.7	9:30	0.2	7:22	4:55	
25	Fri	4:47	5.3	4:08	4.5	10:33	2.4	10:23	0.6	7:23	4:56	
26	Sat	5:35	5.6	5:35	4.2	11:48	1.9	11:22	1.1	7:23	4:56	
27	Sun	6:23	5.9	7:05	4.1			12:56	1.2	7:24	4:57	
28	Mon	7:11	6.2	8:26	4.3	12:23	1.5	1:56	0.4	7:24	4:58	
29	Tue	7:58	6.6	9:35	4.6	1:23	1.8	2:49	-0.2	7:24	4:59	
30	Wed	8:46	6.8	10:34	4.9	2:20	2.1	3:39	-0.8	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	9:33	7.0	11:30	5.1	3:15	2.3	4:26	-1.2	7:25	5:00	