


Alcatraz Island, CA - Feb 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:42	5.4	11:42 AM	6.3	5:43	2.2	6:21	-0.8	7:13	5:32	
2	Tue	1:21	5.4	12:27	6.0	6:30	2.1	6:59	-0.4	7:12	5:33	
3	Wed	1:57	5.4	1:11	5.5	7:17	2.0	7:36	0.0	7:11	5:35	
4	Thu	2:33	5.3	1:56	5.0	8:07	2.0	8:14	0.5	7:11	5:36	
5	Fri	3:08	5.3	2:47	4.5	9:00	1.9	8:53	1.1	7:10	5:37	
6	Sat	3:45	5.2	3:47	4.0	9:59	1.8	9:36	1.6	7:09	5:38	
7	Sun	4:25	5.2	5:06	3.7	11:05	1.7	10:28	2.2	7:08	5:39	
8	Mon	5:10	5.2	6:45	3.6			12:13	1.4	7:07	5:40	
9	Tue	6:00	5.3	8:15	3.8			1:15	1.1	7:06	5:41	
10	Wed	6:52	5.4	9:16	4.0	12:42	2.9	2:08	0.7	7:04	5:42	
11	Thu	7:42	5.6	10:01	4.3	1:44	2.9	2:53	0.3	7:03	5:43	
12	Fri	8:30	5.8	10:37	4.5	2:35	2.9	3:32	0.0	7:02	5:45	
13	Sat	9:15	6.0	11:10	4.7	3:19	2.8	4:09	-0.3	7:01	5:46	
14	Sun	9:58	6.1	11:42	4.9	3:59	2.6	4:44	-0.6	7:00	5:47	
15	Mon	10:41	6.2			4:38	2.3	5:19	-0.7	6:59	5:48	
16	Tue	12:14	5.1	11:25 AM	6.2	5:18	2.1	5:55	-0.7	6:58	5:49	
17	Wed	12:47	5.3	12:10	6.0	6:00	1.8	6:32	-0.5	6:56	5:50	
18	Thu	1:21	5.4	12:58	5.7	6:46	1.5	7:10	-0.2	6:55	5:51	
19	Fri	1:57	5.6	1:51	5.3	7:37	1.2	7:51	0.4	6:54	5:52	
20	Sat	2:36	5.7	2:52	4.8	8:33	1.0	8:36	1.0	6:53	5:53	
21	Sun	3:20	5.8	4:06	4.3	9:38	0.8	9:29	1.6	6:51	5:54	
22	Mon	4:10	5.9	5:36	4.1	10:52	0.6	10:33	2.2	6:50	5:55	
23	Tue	5:07	5.9	7:10	4.1			12:09	0.4	6:49	5:56	
24	Wed	6:11	5.9	8:28	4.4			1:21	0.0	6:48	5:57	
25	Thu	7:16	6.0	9:27	4.7	1:07	2.7	2:22	-0.3	6:46	5:58	
26	Fri	8:17	6.1	10:15	5.0	2:14	2.5	3:14	-0.5	6:45	5:59	
27	Sat	9:13	6.2	10:56	5.2	3:12	2.3	4:00	-0.6	6:43	6:00	
28	Sun	10:03	6.1	11:34	5.3	4:02	2.0	4:41	-0.6	6:42	6:01	