

## Alcatraz Island, CA - Mar 1999

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:50	6.0			4:48	1.8	5:19	-0.4	6:41	6:02	☾
2	Tue	12:08	5.4	11:34 AM	5.8	5:30	1.6	5:54	-0.2	6:39	6:03	☾
3	Wed	12:40	5.4	12:17	5.5	6:11	1.4	6:28	0.2	6:38	6:04	☾
4	Thu	1:10	5.3	12:59	5.2	6:52	1.3	7:01	0.6	6:36	6:05	☾
5	Fri	1:39	5.3	1:42	4.8	7:32	1.2	7:35	1.1	6:35	6:06	☾
6	Sat	2:08	5.2	2:30	4.4	8:15	1.1	8:10	1.6	6:34	6:07	☾
7	Sun	2:40	5.2	3:26	4.0	9:03	1.1	8:49	2.1	6:32	6:08	☾
8	Mon	3:17	5.1	4:39	3.7	9:59	1.1	9:39	2.6	6:31	6:09	☾
9	Tue	4:02	5.0	6:12	3.7	11:05	1.1	10:49	2.9	6:29	6:10	☾
10	Wed	4:57	5.0	7:40	3.8			12:13	0.9	6:28	6:11	☾
11	Thu	5:59	5.0	8:39	4.1	12:12	3.0	1:15	0.6	6:26	6:12	☾
12	Fri	7:01	5.1	9:20	4.3	1:21	2.9	2:07	0.3	6:25	6:13	☾
13	Sat	7:59	5.3	9:55	4.6	2:14	2.7	2:51	0.0	6:23	6:14	☾
14	Sun	8:51	5.6	10:27	4.8	2:58	2.4	3:31	-0.2	6:22	6:15	☾
15	Mon	9:40	5.8	10:58	5.1	3:39	2.0	4:09	-0.4	6:20	6:16	☾
16	Tue	10:28	5.9	11:30	5.3	4:19	1.6	4:47	-0.4	6:19	6:17	☾
17	Wed	11:16	5.9			5:00	1.1	5:25	-0.3	6:17	6:18	☾
18	Thu	12:03	5.6	12:06	5.7	5:44	0.7	6:03	0.1	6:16	6:19	☾
19	Fri	12:38	5.8	12:59	5.5	6:31	0.3	6:44	0.5	6:14	6:20	☾
20	Sat	1:15	5.9	1:56	5.1	7:21	0.0	7:27	1.0	6:13	6:21	☾
21	Sun	1:55	6.0	3:00	4.7	8:16	-0.1	8:16	1.6	6:11	6:22	☾
22	Mon	2:41	5.9	4:15	4.4	9:17	-0.1	9:14	2.2	6:10	6:23	☾
23	Tue	3:34	5.8	5:39	4.3	10:27	-0.1	10:28	2.6	6:08	6:23	☾
24	Wed	4:37	5.6	7:03	4.4	11:43	0.0	11:54	2.7	6:07	6:24	☾
25	Thu	5:49	5.5	8:10	4.7			12:56	-0.1	6:05	6:25	☾
26	Fri	7:01	5.4	9:02	4.9	1:13	2.5	1:58	-0.2	6:03	6:26	☾
27	Sat	8:07	5.4	9:46	5.2	2:17	2.2	2:50	-0.2	6:02	6:27	☾
28	Sun	9:06	5.4	10:23	5.3	3:10	1.8	3:34	-0.1	6:00	6:28	☾
29	Mon	9:57	5.4	10:57	5.4	3:56	1.4	4:14	0.0	5:59	6:29	☾
30	Tue	10:44	5.3	11:27	5.4	4:38	1.1	4:49	0.3	5:57	6:30	☾
31	Wed	11:28	5.1	11:55	5.4	5:16	0.8	5:22	0.6	5:56	6:31	☾