



## Alcatraz Island, CA - May 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:35	5.5	1:52	4.5	7:05	-0.2	6:53	2.1	6:13	7:59	☉
2	Sun	1:01	5.5	2:35	4.4	7:38	-0.2	7:27	2.4	6:12	8:00	☉
3	Mon	1:30	5.4	3:21	4.3	8:13	-0.3	8:04	2.6	6:11	8:01	☉
4	Tue	2:02	5.3	4:10	4.2	8:51	-0.2	8:45	2.9	6:10	8:02	☾
5	Wed	2:39	5.1	5:04	4.2	9:34	-0.1	9:37	3.1	6:09	8:03	☾
6	Thu	3:23	4.9	6:03	4.2	10:23	0.0	10:47	3.1	6:08	8:04	☾
7	Fri	4:17	4.7	7:01	4.3	11:19	0.1			6:07	8:05	☾
8	Sat	5:23	4.5	7:51	4.5	12:09	3.0	12:19	0.2	6:06	8:06	☾
9	Sun	6:38	4.4	8:34	4.8	1:22	2.6	1:17	0.2	6:05	8:07	☾
10	Mon	7:53	4.4	9:12	5.1	2:20	2.1	2:11	0.3	6:04	8:07	☾
11	Tue	9:04	4.5	9:48	5.5	3:09	1.4	3:00	0.4	6:03	8:08	☾
12	Wed	10:09	4.7	10:24	5.9	3:56	0.7	3:47	0.6	6:02	8:09	☾
13	Thu	11:10	4.8	11:02	6.2	4:41	0.0	4:33	0.9	6:01	8:10	☾
14	Fri			12:09	5.0	5:27	-0.7	5:19	1.3	6:00	8:11	☾
15	Sat			1:07	5.0	6:14	-1.2	6:06	1.6	5:59	8:12	☾
16	Sun	12:23	6.6	2:04	5.1	7:03	-1.5	6:56	2.0	5:58	8:13	☾
17	Mon	1:07	6.6	3:02	5.0	7:53	-1.6	7:49	2.3	5:57	8:14	☾
18	Tue	1:55	6.4	4:02	5.0	8:45	-1.5	8:50	2.5	5:57	8:14	☾
19	Wed	2:46	6.1	5:03	4.9	9:40	-1.2	10:00	2.7	5:56	8:15	☾
20	Thu	3:44	5.6	6:05	5.0	10:39	-0.8	11:20	2.6	5:55	8:16	☾
21	Fri	4:49	5.0	7:05	5.1	11:41	-0.3			5:54	8:17	☾
22	Sat	6:02	4.6	7:58	5.2	12:41	2.4	12:42	0.1	5:54	8:18	☾
23	Sun	7:20	4.3	8:45	5.4	1:53	1.9	1:40	0.4	5:53	8:19	☾
24	Mon	8:36	4.1	9:25	5.6	2:53	1.4	2:32	0.8	5:53	8:19	☾
25	Tue	9:44	4.1	9:59	5.7	3:43	0.9	3:18	1.1	5:52	8:20	☾
26	Wed	10:44	4.2	10:30	5.7	4:27	0.5	3:59	1.5	5:51	8:21	☾
27	Thu	11:36	4.3	10:59	5.8	5:05	0.2	4:38	1.8	5:51	8:22	☾
28	Fri			12:23	4.3	5:40	-0.1	5:14	2.2	5:50	8:22	☾
29	Sat			1:08	4.4	6:13	-0.3	5:50	2.4	5:50	8:23	☾
30	Sun			1:49	4.4	6:45	-0.5	6:25	2.7	5:49	8:24	☾
31	Mon	12:26	5.7	2:30	4.4	7:17	-0.5	7:02	2.8	5:49	8:25	☾