US HARBORS www.USHarbors.com

Alcatraz Island, CA - Sep 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**4:35**	4.6	**4:37**	6.0	**9:59**	1.8	**11:11**	0.8	6:39	7:39	
2	Thu	**5:58**	4.4	**5:32**	6.0	**10:59**	2.3			6:40	7:38	
3	Fri	**7:28**	4.3	**6:35**	6.1	**12:26**	0.6	**12:13**	2.7	6:41	7:36	
4	Sat	**8:49**	4.5	**7:40**	6.2	**1:40**	0.3	**1:30**	2.8	6:42	7:35	
5	Sun	**9:51**	4.8	**8:44**	6.3	**2:45**	0.0	**2:40**	2.7	6:42	7:33	
6	Mon	**10:42**	5.1	**9:43**	6.4	**3:41**	-0.2	**3:40**	2.4	6:43	7:32	
7	Tue	**11:25**	5.4	**10:37**	6.4	**4:30**	-0.4	**4:33**	2.1	6:44	7:30	
8	Wed			**12:04**	5.5	**5:14**	-0.3	**5:21**	1.8	6:45	7:29	
9	Thu			**12:41**	5.6	**5:54**	-0.2	**6:06**	1.5	6:46	7:27	
10	Fri	**12:16**	6.1	**1:15**	5.6	**6:32**	0.1	**6:50**	1.4	6:47	7:26	
11	Sat	**1:02**	5.8	**1:48**	5.6	**7:09**	0.5	**7:32**	1.2	6:48	7:24	
12	Sun	**1:48**	5.5	**2:19**	5.6	**7:45**	0.9	**8:15**	1.2	6:48	7:23	
13	Mon	**2:35**	5.1	**2:51**	5.5	**8:21**	1.4	**9:00**	1.1	6:49	7:21	
14	Tue	**3:25**	4.7	**3:24**	5.4	**9:00**	1.9	**9:48**	1.2	6:50	7:19	
15	Wed	**4:24**	4.4	**4:02**	5.3	**9:43**	2.4	**10:44**	1.2	6:51	7:18	
16	Thu	**5:35**	4.1	**4:47**	5.2	**10:38**	2.9	**11:48**	1.2	6:52	7:16	
17	Fri	**7:01**	4.1	**5:42**	5.1	**11:51**	3.1			6:53	7:15	
18	Sat	**8:22**	4.2	**6:45**	5.1	**12:55**	1.1	**1:10**	3.2	6:53	7:13	
19	Sun	**9:19**	4.4	**7:47**	5.2	**1:57**	0.9	**2:15**	3.1	6:54	7:12	
20	Mon	**10:00**	4.6	**8:44**	5.4	**2:50**	0.7	**3:05**	2.8	6:55	7:10	
21	Tue	**10:34**	4.8	**9:36**	5.6	**3:34**	0.5	**3:47**	2.5	6:56	7:09	
22	Wed	**11:05**	5.0	**10:24**	5.7	**4:13**	0.3	**4:26**	2.1	6:57	7:07	
23	Thu	**11:35**	5.3	**11:10**	5.8	**4:50**	0.2	**5:03**	1.7	6:58	7:05	
24	Fri			**12:06**	5.5	**5:25**	0.2	**5:41**	1.3	6:59	7:04	
25	Sat			**12:37**	5.7	**6:01**	0.3	**6:22**	0.9	6:59	7:02	
26	Sun	**12:46**	5.8	**1:10**	5.9	**6:39**	0.6	**7:06**	0.5	7:00	7:01	
27	Mon	**1:37**	5.6	**1:46**	6.1	**7:18**	1.0	**7:53**	0.2	7:01	6:59	
28	Tue	**2:32**	5.3	**2:25**	6.2	**8:00**	1.4	**8:45**	0.1	7:02	6:58	
29	Wed	**3:34**	5.0	**3:09**	6.1	**8:47**	2.0	**9:43**	0.1	7:03	6:56	
30	Thu	**4:44**	4.7	**4:01**	6.0	**9:42**	2.5	**10:49**	0.1	7:04	6:55	