US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:04	4.6	5:02	5.9	10:53	2.8			7:05	6:53	
2	Sat	7:24	4.7	6:13	5.7	12:03	0.1	12:18	2.9	7:06	6:52	
3	Sun	8:33	4.9	7:27	5.6	1:16	0.1	1:39	2.8	7:06	6:50	
4	Mon	9:28	5.2	8:36	5.7	2:22	0.1	2:46	2.4	7:07	6:48	
5	Tue	10:14	5.4	9:38	5.7	3:17	0.1	3:42	1.9	7:08	6:47	
6	Wed	10:53	5.6	10:34	5.7	4:04	0.1	4:30	1.5	7:09	6:45	
7	Thu	11:29	5.7	11:24	5.6	4:46	0.3	5:14	1.1	7:10	6:44	
8	Fri			12:01	5.8	5:24	0.6	5:54	0.8	7:11	6:43	
9	Sat	12:12	5.4	12:31	5.8	6:00	0.9	6:33	0.6	7:12	6:41	
10	Sun	12:58	5.3	1:00	5.7	6:35	1.3	7:10	0.5	7:13	6:40	
11	Mon	1:43	5.0	1:27	5.7	7:10	1.7	7:47	0.4	7:14	6:38	
12	Tue	2:29	4.8	1:56	5.6	7:45	2.2	8:25	0.4	7:15	6:37	
13	Wed	3:18	4.6	2:27	5.4	8:22	2.6	9:07	0.5	7:16	6:35	
14	Thu	4:12	4.4	3:04	5.3	9:05	2.9	9:54	0.6	7:17	6:34	
15	Fri	5:16	4.3	3:48	5.1	10:00	3.2	10:49	0.7	7:18	6:32	
16	Sat	6:28	4.3	4:45	4.9	11:17	3.4	11:52	0.8	7:18	6:31	
17	Sun	7:36	4.4	5:52	4.7			12:43	3.3	7:19	6:30	
18	Mon	8:28	4.6	7:03	4.7	12:56	0.8	1:50	3.0	7:20	6:28	
19	Tue	9:08	4.8	8:09	4.9	1:53	0.7	2:41	2.6	7:21	6:27	
20	Wed	9:42	5.1	9:09	5.0	2:42	0.6	3:24	2.1	7:22	6:26	
21	Thu	10:14	5.3	10:04	5.2	3:26	0.5	4:03	1.6	7:23	6:24	
22	Fri	10:46	5.6	10:57	5.4	4:06	0.5	4:42	1.0	7:24	6:23	
23	Sat	11:18	5.9	11:50	5.4	4:46	0.7	5:22	0.4	7:25	6:22	
24	Sun	11:52	6.2			5:26	0.9	6:05	-0.2	7:26	6:20	
25	Mon	12:43	5.4	12:28	6.4	6:07	1.3	6:50	-0.6	7:27	6:19	
26	Tue	1:38	5.4	1:07	6.5	6:50	1.7	7:38	-0.8	7:28	6:18	
27	Wed	2:36	5.2	1:50	6.5	7:37	2.1	8:29	-0.8	7:29	6:17	
28	Thu	3:38	5.1	2:38	6.3	8:29	2.5	9:26	-0.7	7:30	6:16	
29	Fri	4:45	4.9	3:33	6.0	9:32	2.8	10:29	-0.5	7:31	6:14	
30	Sat	5:55	4.9	4:38	5.6	10:51	3.0	11:37	-0.2	7:32	6:13	
31	Sun	6:04	5.0	4:52	5.3	11:19	2.9	11:46	0.0	6:33	5:12	